

2022 Conference Session Lineup

The 2022 conference features 45+ breakout sessions categorized by track and content level. Each track is a selection of sessions focused on an important topic or specific multidisciplinary team member's role.

All breakout sessions will fall under one or two of the tracks. Attendees can follow one track for an in-depth, wide-ranging view of an aspect of accountability courts or choose sessions from a variety of tracks. Use the descriptions below to guide you through course selections. **Courses are identified by session ID below each track's description (pg 5-8) Full course descriptions are found on pages 9-21.**

Agenda track(s)

- Court Specific
- Current & Emerging Trends
- Legal
- Mental Health
- Program Operations
- Role Specific
- Research & Data
- Special Issues
- Treatment
- Youth

Content level(s)

- **Introductory** – Presentations at the *Introductory Level* is generally intended for court professionals with novice experience in the content area.
- **Intermediate** – Presentations at the *Intermediate Level* assumes some familiarity with the basic literature as well as some experience in professional practice within the area covered and is targeted for more experienced court professionals.
- **Advanced** – Presentations at the *Advanced Level* assumes the attendee already has established experience, knowledge, and skill within the area covered.

For additional information or to ask questions about this document please email Kimberly.Howard@georgiacourts.gov.

2022 Annual Training Conference Agenda

Monday, October 10, 2022

Monday, October 10, 2022		
Plenary 1		9:00-10:15am
Taking Stock of Drug Courts After 30 Years: The Good, the Bad, and the Misunderstood		
Breakout A		10:45am-noon
Session ID	Session Title	Content Level
A1	Improving Engagement in Treatment	Introductory
A2	Fentanyl in Treatment Courts	Intermediate
A3	Working with Personality Disorders in Addiction Treatment Part 1	Intermediate
A4	Effectively Integrating Forensic Peer Mentors in Accountability Courts	Introductory
A5	Cannabis and Cars: Addressing the Challenges of the Marijuana Impaired Driver	Intermediate
A6	An Overview of child welfare law in Georgia & how the law intersects with Family Treatment Courts	Intermediate
A7	Leveraging the VA in Identifying Veterans in the Criminal Justice System	Introductory
A8	Gender Differences in Communication: What Makes Sense in Conversations with Teens in Juvenile Court	Introductory
A9	Coordinator 101	Introductory
Breakout B		1:30-2:45pm
Session ID	Session Title	Content Level
B1	Relapse/Recurrence Prevention and Response in Treatment Courts	Intermediate
B2	Fentanyl in Treatment Courts (Repeat of A2)	Intermediate
B3	Working with Personality Disorders in Addiction Treatment - Part 2	Intermediate
B4	Your Charitable Organization - A Step-by-Step Guide	Introductory
B5	Crisis Management: Digitally Connecting Your Team During Adversity (Integrated Management Solutions)	Intermediate
B6	Due Process and Terminations in Dependency Cases	Intermediate
B7	What's New in PTSD Treatment	Advanced
B8	Welcome to the Matrix! Roles, Roles, Responsibilities and Expertise to Strengthen The Treatment Court Team	Intermediate
B9	Ethics and Professionalism for Prosecutors in Accountability Courts	Intermediate
CVIOG 1	Coordinator Certification Program Course: Accountability and Advocacy 1:30pm-4:30pm (Class ends at 4:30pm)	

Breakout C		3:15-4:30pm
Session ID	Session Title	Content Level
C1	Dialectical Behavior Therapy (DBT); Consideration for Adoption in VTCs	Intermediate
C2	"I'm Not Sick, I Don't Need Help"- Mental Illness, Anosognosia, and How to Help Someone Accept Treatment.	Intermediate
C3	Developing and Implementing Multiple Treatment Court Tracks: How State and Superior Courts can collaborate to ensure participant needs are fully met.	Advanced
C4	Suicide Prevention in Georgia	Introductory
C5	Importance of The First 90 days of Treatment	Introductory
C6	Best Practices for Jurisdictions Planning to Implement a Family Treatment Court	Introductory
C7	What's New in PTSD Treatment (Repeat of C7)	Advanced
C8	Kids in the Candy Store: Household Items with Abuse Potential	Introductory
C9	Systemic Discrimination and Its Effects on Treatment Courts	Intermediate

Tuesday, October 11, 2022

Plenary 2		9:00-10:15am
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Mental Health Matters: A Call to Address the Mental Crisis During the COVID-19 Pandemic

Breakout D		10:45am-noon
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Session ID	Session Title	Content Level
D1	The Evolution of Teleservices: Developments and Emerging Opportunities	Intermediate
D2	Mistakes Courts Make in Drug and Alcohol Treatment and How to Fix Them	Advanced
D3	What is Even Happening Here? Screening, Assessment, and Treatment of Adolescents in Accountability Court Programs.	Introductory
D4	"I'm Not Sick, I Don't Need Help"- Mental Illness, Anosognosia, and How to Help Someone Accept Treatment.	Intermediate
D5	Case Management: Problems Don't Ride Solo; Neither Should Solutions	Intermediate
D6	Empathy and Accountability: Reducing shame and stigma to increase participant engagement in Family Treatment Courts	Intermediate
D7	Incorporating Technology in DWI Courts	Advanced
D8	Judicial Ethics: Challenges Unique to Accountability Courts	Advanced
D9	Recidivism Rates of Accountability Courts in Georgia	Intermediate
CVIOG 2	Coordinator Certification Program Course: Succession Planning and Delegation 9:00am-12:00pm (Class ends at 12pm)	

Breakout E		1:30-2:45pm
Session ID	Session Title	Content Level
E1	The Evolution of Teleservices: Developments and Emerging Opportunities (Repeat of D1)	Intermediate
E2	Mistakes Courts Make in Drug and Alcohol Treatment and How to Fix Them (Repeat of D2)	Advanced
E3	Marketing Your Treatment Court Program	Intermediate
E4	Community Supervision Officers and Accountability Court Interoperability	Intermediate
E5	New Data Tools for CaseWorX	Intermediate
E6	Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being	Intermediate
E7	An Overview of Psychotropic Drugs for Mental Health Disorders	Intermediate
E8	From an Ember to a Flame: Reigniting Your Passion as a Treatment Provider	Intermediate
E9	Recidivism Rates of Accountability Courts in Georgia (Repeat of D9)	Intermediate
Team Workshops /Roundtables		3:15-4:30pm
Wednesday, October 12, 2022		
Breakout F (Mini-Plenary(s))		8:45-10:00am
Session ID	Session Title	Content Level
F1	Critical Connections: Overdose Prevention and Accountability Courts	Advanced
F2	Georgia Drug and Gang Trends	Advanced
F3	TRUST: An Integrated Behavior Model for Treatment of Stimulant Use	Advanced
F4	Assessing a Swift, Certain, and Fair (SCF) Sanctions Pilot Program Involving High/Risk Needs Probationers – Year 2	Advanced
Plenary 3		10:15-11:30am
Trauma Awareness and Resilience Strategies for Work and Life.		
Closing Remarks & Coordinator Certification Program Graduates Recognition		11:30am-12:00pm

Court Specific

This track offers sessions specific to each of the accountability courts, including felony drug courts, mental health courts, veterans' treatment courts, juvenile drug or mental health courts, DUI courts, and family treatment courts.

- **A5** - Cannabis and Cars: Addressing the Challenges of the Marijuana Impaired Driver
- **A6** - An Overview of child welfare law in Georgia & how the law intersects with Family Treatment Courts
- **A7** - Leveraging the VA in Identifying Veterans in the Criminal Justice System
- **A8** - Gender Differences in Communication: What Makes Sense in Conversations with Teens in Juvenile Court
- **C1** - Dialectical Behavior Therapy (DBT); Consideration for Adoption in VTCs
- **C6** - Best Practices for Jurisdictions Planning to Implement a Family Treatment Court
- **C8** - Kids in the Candy Store: Household Items with Abuse Potential
- **D6** - Empathy and Accountability: Reducing shame and stigma to increase participant engagement in Family Treatment Courts
- **D7** - Incorporating Technology in DWI Courts
- **E6** - Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-being

Current & Emerging Trends

This track offers sessions specific to topics shaping the future of treatment courts. This year at the CACJ conference the current & emerging trends track includes sessions on technology in treatment courts, substance use trends, innovative treatment methods, harm reduction, and more.

- **A1** - Improving Engagement in Treatment
- **A2** – Fentanyl in Treatment Courts
- **A5** - Cannabis and Cars: Addressing the Challenges of the Marijuana Impaired Driver
- **B2** - Fentanyl in Treatment Courts (Repeat)
- **B7** - What's New in PTSD Treatment
- **C7** - What's New in PTSD Treatment (Repeat)
- **D1** - The Evolution of Teleservices: Developments and Emerging Opportunities
- **D7** - Incorporating Technology in DWI Courts
- **E1** - The Evolution of Teleservices: Developments and Emerging Opportunities (Repeat)
- **F1** - Critical Connections: Overdose Prevention and Accountability Courts
- **F2** - Georgia Drug and Gang Trends
- **F3** - TRUST: An Integrated Behavior Model for Treatment of Stimulant Use
- **F4** - Assessing a Swift, Certain, and Fair (SCF) Sanctions Pilot Program Involving High/Risk Needs Probationers – Year 2

Legal

This track offers sessions specific to the law and ethics for accountability court professionals, including judges and attorneys.

- **A6** - An Overview of child welfare law in Georgia & how the law intersects with Family Treatment Courts
- **B6** - Due Process and Terminations in Dependency Cases
- **B9** - Ethics and Professionalism for Prosecutors in Accountability Courts
- **D8** - Judicial Ethics: Challenges Unique to Accountability Courts

Mental Health

This track offers sessions specific to mental health. Professionals working in accountability courts must be knowledgeable in the treatment of substance abuse and co-occurring disorders. This year at the CACJ conference the mental health track focuses on youth mental health, trauma and substance use treatment, helping difficult clients, and more.

- **A3 and B3** - Working with Personality Disorders in Addiction Treatment – Part 1 & 2
- **B7** - What's New in PTSD Treatment
- **C2** - "I'm Not Sick, I Don't Need Help"- Mental Illness, Anosognosia, and How to Help Someone Accept Treatment
- **C4** - Suicide Prevention in Georgia
- **C7** - What's New in PTSD Treatment (Repeat)
- **D3** - What is Even Happening Here? Screening, Assessment, and Treatment of Adolescents in Accountability Court Programs.
- **D4** - "I'm Not Sick, I Don't Need Help"- Mental Illness, Anosognosia, and How to Help Someone Accept Treatment. (Repeat)
- **E7** - An Overview of Psychotropic Drugs for Mental Health Disorders

Program Operations

This track offers sessions specific to program operations, including the daily coordination and administration of operations supporting the accountability court program.

- **A4** - Effectively Integrating Forensic Peer Mentors in Accountability Courts
- **B4** - Your Charitable Organization - A Step-by-Step Guide
- **B5** - Crisis Management: Digitally Connecting Your Team During Adversity (Integrated Management Solutions)
- **C3** - Developing and Implementing Multiple Treatment Court Tracks: How State and Superior Courts can collaborate to ensure participant needs are fully met.
- **E3** - Marketing Your Treatment Court Program
- **E5** - New Data Tools for CaseWorX

Research & Data

This track offers sessions specific to accountability court data, research, and accountability court case management systems.

- **B5** - Crisis Management: Digitally Connecting Your Team During Adversity (Integrated Management Solutions)
- **D9** - Recidivism Rates of Accountability Courts in Georgia
- **E5** - New Data Tools for CaseWorX
- **E9** - Recidivism Rates of Accountability Courts in Georgia (Repeat)
- **F4** - Assessing a Swift, Certain, and Fair (SCF) Sanctions Pilot Program Involving High/Risk Needs Probationers – Year 2

Role Specific

This track offers sessions specific to the accountability court's multidisciplinary team roles. This year at the CACJ conference the role specific track includes sessions for judges, coordinators, treatment providers, community supervision, law enforcement officers, family treatment court attorneys, and more.

- **A9** - Coordinator 101
- **B6** - Due Process and Terminations in Dependency Cases
- **B9** - Ethics and Professionalism for Prosecutors in Accountability Courts
- **D5** - Case Management: Problems Don't Ride Solo; Neither Should Solutions
- **D8** - Judicial Ethics: Challenges Unique to Accountability Courts
- **E4** - Community Supervision Officers and Accountability Court Interoperability
- **E8** - From an Ember to a Flame: Reigniting Your Passion as a Treatment Provider

Special Issues

This track offers sessions specific to special issues impacting accountability courts. These topics highlight important information for accountability court programs. This year at the CACJ conference the special issues track includes sessions related to racial and ethnic disparities, treatment court standards, multi-disciplinary team communication, and more.

- **B1**- Relapse/Recurrence Prevention and Response in Treatment Courts
- **B8** - Welcome to the Matrix! Roles, Roles, Responsibilities and Expertise to Strengthen the Treatment Court Team
- **C9** - Systemic Discrimination and Its Effects on Treatment Courts
- **D2** - Mistakes Courts Make in Drug and Alcohol Treatment and How to Fix Them
- **E2** - Mistakes Courts Make in Drug and Alcohol Treatment and How to Fix Them (Repeat)

Treatment

This track offers sessions specific to treatment in accountability courts. This year at the CACJ conference the treatment track includes sessions for best practices, evidence-based modalities, curricula, relapse prevention, recovery and more.

- **A1** - Improving Engagement in Treatment
- **B1** - Relapse/Recurrence Prevention and Response in Treatment Courts
- **C5** - Importance of The First 90 days of Treatment
- **D2** - Mistakes Courts Make in Drug and Alcohol Treatment and How to Fix Them
- **D5** - Case Management: Problems Don't Ride Solo; Neither Should Solutions
- **E2** - Mistakes Courts Make in Drug and Alcohol Treatment and How to Fix Them (Repeat)

Youth

This track offers sessions specific to adolescent participants served in the juvenile drug and/or juvenile mental health court programs.

- **A8** - Gender Differences in Communication: What Makes Sense in Conversations with Teens in Juvenile Court
- **C8** - Kids in the Candy Store: Household Items with Abuse Potential
- **D3** - What is Even Happening Here? Screening, Assessment, and Treatment of Adolescents in Accountability Court Programs.

2022 Annual Training Conference Agenda Session Descriptions

Monday, October 10, 2022

Plenary 1

9:00am-10:15am

Taking Stock of Drug Courts After 30 Years: The Good, the Bad, and the Misunderstood

Doug Marlowe

More research has been conducted on drug courts and other treatment courts than virtually all other criminal justice programs combined. The good news is drug courts reduce crime and illicit substance use, improve the lives of persons involved in the justice system, and are cost beneficial. The bad news is some drug courts violate core tenets of the model by targeting the wrong participants, barring use of medication-assisted treatment, paying insufficient attention to racial and ethnic disparities, and overusing jail sanctions. Lessons learned: current policy proposals for justice reform must heed the lessons of 30 years of research on drug courts to achieve their intended aims of enhancing public health and safety.

Learning Objectives:

- Identify best practices associated with better outcomes in drug courts.
- Identify harmful practices that violate the drug court model and make outcomes worse.
- Identify critical elements of criminal justice reform that are required for successful outcomes.

Breakout A

10:45am-noon

A1: Improving Engagement in Treatment

Doris Perdomo-Johnson

This session will look at how to address the lack of engagement or resistance to treatment.

Learning Objectives:

- To look at treatment resistance through lenses of opportunity.
- Understanding the value in creating treatment alliance to reduce resistance.
- Understanding the importance of motivation and how motivation looks different for people.

A2: Fentanyl in Treatment Courts

Steve Hanson

Fentanyl and other analogues have become the major driving force behind drug overdose deaths. These powerful opioids are appearing across the country, frequently sold as other substances including stimulants, prescription opioids, and other medications. Due to their potency, the risk of fatal overdose is substantial. The presentation will address the pharmacology of fentanyl and other opioids, its availability, impact on drug overdose trends, and other critical aspects. Special focus will be paid to working with the fentanyl user in treatment courts and what treatment approaches are the most effective.

Learning Objectives:

- Participants will understand the impact of fentanyl on individuals and the community.
- Participants will understand the mechanism of action for fentanyl and the dependency that it can produce.
- Participants will understand effective treatment approaches, particularly the role of Medications for Opioid Use Disorder (MOUD).

A3: Working with Personality Disorders in Addiction Treatment - Part 1

Jim Seckman

It's not the "good old days" anymore. Working with substance use disorder clients nowadays requires a knowledge and practical expertise of how to work with many diagnoses other than substance use disorder. Some of the most difficult clients that counselors and professionals will encounter are those with a personality disorder. This workshop is intended to train counselors and professionals on how to recognize personality disorders, how to use successful strategies for working with these clients, and how to take care of themselves with these often confusing and stressful cases.

A4: Effectively Integrating Forensic Peer Mentors in Accountability Courts

Lindsey Sizemore, Cam Parks, and Shane Sims

Since 2016, Certified Peer Specialists with lived experience in the criminal justice system have been trained and supported by the Georgia Mental Health Consumer Network as Forensic Peer Mentors (FPM). FPM serve returning citizens in prisons, jails, reentry facilities, day reporting centers, recovery community organizations, and accountability courts. During this session, three FPMs who work in accountability courts discuss the challenges of crime desistance and celebrate prosocial living including the collaborative contributions made by you and our other allies.

Learning Objectives:

- Recognize the healing that comes from belonging and contributing to our communities' safety and health.
- Describe the role of the individual and the community in crime desistance or prosocial living.
- List four forms of rehabilitation to be simultaneously pursued so that people and communities are wholly reintegrated.

A5: Cannabis and Cars: Addressing the Challenges of the Marijuana Impaired Driver

Mark Stodola

As of Fall 2021, 18 states have legalized recreational marijuana while an additional 21 states allow for the use of medical marijuana. The prevalence of "legal weed" in our communities has created challenges on our roadways as incidents of marijuana impaired driving continue to increase across the country and new users are exposed to the drug. This interactive presentation will provide the audience up-to-date information on the scope of our marijuana impaired driving problem, issues surrounding polysubstance use, and the use of assessment tools to determine risk and practical evidence-based sentencing, supervision, and monitoring strategies to address these behaviors.

Learning Objectives:

- Participants will identify marijuana impaired driving trends and their challenges.
- Participants will identify how assessment tools can help determine risk for marijuana impaired drivers.
- Participants will identify three supervision countermeasures and research-based practices that jurisdictions should be using to reduce the possibility of re-offense by drug impaired drivers.

A6: An Overview of Child Welfare Law in Georgia and How the Law Intersects with Family Treatment Courts

Jenifer Careras and Jerry Bruce

This workshop will provide an overview of child welfare law in Georgia, including the statutory foundation for Georgia Family Treatment Courts. Participants will explore and analyze the applicability of Georgia's law to FTC cases and their companion dependency cases, with a focus on the conflicts between law and policy commonly encountered as these cases progress.

A7: Leveraging the VA in Identifying Veterans in the Criminal Justice System

David Pelletier

The first step necessary for any Veterans Treatment Court (VTC) is identifying their justice-involved veteran population. Justice For Vets Key Component #3 of the Ten Key Components of Veterans Treatment Courts states that "eligible participants are identified early and promptly placed in the Veterans Treatment Court program". Identification can be accomplished through a variety of methods and at multiple points within the criminal justice system. This session will highlight two systems provided by the Department of Veterans Affairs to assist jurisdictions in identifying justice-involved veterans.

Learning Objectives:

- Identify two external Department of Veterans Affairs systems available to assist in the early identification of veterans within the criminal justice system, VRSS and SQUARES.
- Recognize who can use these systems and what information may be necessary to provide to receive results.
- Integrate veteran identification information and strategies into criminal justice and treatment court case processing.

A8: Gender Differences in Communication: What Makes Sense in Conversations with Teens in Juvenile Court

Michael Nerney

Adolescent males and females are difficult to communicate with under the best of circumstances. When the adolescent is at risk, the need for clear communication rises to a critical level. Differences in the ways males and females view the world, interpret events, process feelings, and communicate are generated and reinforced by biological, psychological, and social factors. Social settings and expectations, cultural experiences, as well as the chemistry, function, and structure of the brain, have impact on the communication styles of males and females. Neurochemical influences also vary in intensity during different developmental stages for each gender. Understanding how best to communicate with both genders of different ages and developmental stages is critically important if we are to help adolescents navigate their inner and outer worlds.

A9: Coordinator 101

James Eberspacher

Coordinators wear many hats, and their duties vary based on program need, so what is the standard for being an effective coordinator? The coordinator is critical to the planning, maintenance, and evaluation of the treatment court. This session will explore the core competencies of a treatment court coordinator to include case flow management, resource allocation, acquisition, budget and finance, visioning and strategic planning, relationship building, and program documentation. This session will explore the role of the coordinator and give an overview of key areas of focus, ultimately providing new ideas and a road map to improve your skills. The target audience for this course is new coordinators with 0-30 months of experience or treatment court team members interested in the coordinator role.

Learning Objectives:

- Acknowledge the key roles the coordinator holds on the treatment court team.
- Explore different approaches to manage your program.
- Take away ideas to implement into your program.

Breakout B

1:30pm-2:45pm

B1: Relapse/Recurrence Prevention and Response in Treatment Courts

Doris Perdomo-Johnson

Relapse, also known as recurrence, is a persistent, yet manageable, risk in recovery. Managing this risk requires the concerted effort of everyone on the drug court team and others in the recovery community. This fascinating session will examine both the prevailing views regarding recurrence of substance use disorder (SUD) and the multi-dimensional aspects of effective relapse/recurrence prevention planning and programming. Essential information will be shared regarding how to manage the single greatest and most common danger in the immediate aftermath of a relapse/recurrence—the abstinence violation effect.

Learning Objectives:

- How “relapse/recurrence” differs in clinically significant ways for “continued or resumed use”.
- The essential components of successful relapse/recurrence prevention planning and programming.
- How to effectively reduce the risk of relapse/recurrence and how to reduce the harms of relapse/recurrence if it occurs.

B2: Fentanyl in Treatment Courts (Repeat of A2)

Steve Hanson

Fentanyl and other analogues have become the major driving force behind drug overdose deaths. These powerful opioids are appearing across the country, frequently sold as other substances including stimulants, prescription opioids, and other medications. Due to their potency, the risk of fatal overdose is substantial. The presentation will address the pharmacology of fentanyl and other opioids, its availability, impact on drug overdose trends, and other critical aspects. Special focus will be paid to working with the fentanyl user in treatment courts and what treatment approaches are the most effective.

Learning Objectives:

- Participants will understand the impact of fentanyl on individuals and the community.
- Participants will understand the mechanism of action for fentanyl and the dependency that it can produce.
- Participants will understand effective treatment approaches, particularly the role of Medications for Opioid Use Disorder (MOUD).

B3: Working with Personality Disorders in Addiction Treatment - Part 2

Jim Seckman

It's not the "good old days" anymore. Working with substance use disorder clients nowadays requires a knowledge and practical expertise of how to work with many diagnoses other than substance use disorder. Some of the most difficult clients that counselors and professionals will encounter are those with a personality disorder. This workshop is intended to train counselors and professionals on how to recognize personality disorders, how to use successful strategies for working with these clients, and how to take care of themselves with these often confusing and stressful cases.

B4: Your Charitable Organization – A Step-by-Step Guide

John Collins

This presentation will walk through the steps to establish and maintain your court's charitable arm. We will cover state and federally required filings, financial reporting, the establishment of a board, and the basics of the organization's by-laws. There will be practical advice and tips on fundraising and establishing a social media presence. The presenters will walk through the pitfalls they experienced and the solutions that resulted in the first 24 months of the Hope and Healing Foundation of Fulton County.

B5: Crisis Management: Digitally Connecting Your Team During Adversity and Beyond

Ken Taylor and Tripper Ryde

The pandemic has completely changed the way specialty courts communicate with clients and other team members. Courts must re-examine their current processes. This includes replacing face-to-face time with remote meetings, ensuring secure lines of communication for those meetings, and allowing for this communication to be done from home or on any mobile device. And all this needs to be viable and cost-effective.

Connexis Cloud (CNX Case), with its fully integrated video meetings, two-way messaging, client check-ins, and mobile surveillance, digitally connects your team through task automation while uniting all efforts into a more intuitive collaboration. In addition to achieving a high level of functionality, a drug court must be able to demonstrate its value to the stakeholders who fund it. For this, CNX Case designed the Estimated Value Engine (EVE) to calculate the monetary worth of a court's efforts. Using the latest statistical research from nationally recognized sources and live data entered into the CNX Case system, this objective, defensible dollar amount is instrumental in securing more funding and, as a result, serving more clients.

The presentation demonstrates how CNX Case functionality simplifies the drug court tasks of coordinators, case managers, treatment providers, probation officers, attorneys, and judges. It breaks down how CNX Case analyzes and presents data in real time through the Estimated Community Value calculation, benchmarks and data visualizations, and machine learning algorithms and natural language processing.

B6: Due Process Foundations for Dependency and Family Treatment Court Cases

Jenifer Careras and Jerry Bruce

The principles and statutory construction of Family Treatment Court present unique challenges to courts and practitioners. Effective application of due process protections to voluntary and involuntary terminations from FTC is at the forefront of these challenges. Participants in this session will engage in an interactive discussion of how Georgia and Constitutional due process protections inform FTC termination hearings and procedure.

B7: What's New in PTSD Treatment?

Dr. Brian Meyer

Do you ever wonder how you can keep up with all the recent advances in PTSD treatment? The resulting boom in books, articles, websites, apps, and treatments for PTSD has made it difficult not only to keep up but also to separate those new treatments which are promising and showing real effects from those that sprout up like con men after a calamity, preying on the needy. This presentation sorts the wheat from the chaff to bring you up to date on the latest beneficial treatments for people with PTSD, as well as identifies some in the popular press which have proven unsuccessful.

B8: Welcome to the Matrix – Roles, Responsibilities, and Expertise to Strengthen the Treatment Court Team

Vanessa Price

This session will discuss the various treatment court models, looking at concepts of team development, communication, interaction, and role expertise. The session will also discuss ways to handle team issues, such as transition and conflict management, to ensure collaborative team outcomes that improve participant engagement and success.

B9: Ethics and Professionalism for Prosecutors in Accountability Courts

TBD

This panel explores the ethical and legal challenges faced by prosecutors working in accountability courts. The problem-solving, non-adversarial model poses unique challenges for prosecutors, who must balance a commitment to public safety and due process while also acting as collaborative members of a larger team working together toward a common goal. Panelists are seasoned members of their teams, and they will share their experiences wrestling with the ethical challenges posed by their service on an accountability court team and will reflect on how professionalism in the practice of law manifests in the accountability court context.

Breakout C

3:15pm-4:30pm

C1: Dialectical Behavior Therapy (DBT) - Consideration for Adoption in VTCs

Scott Tirocchi

DBT is an evidence-based therapy that was created for persons that were diagnosed with a borderline personality disorder. However, in recent years it has been adapted to treat persons with other behavioral health disorders to include impulsivity, depression, anxiety, substance dependency/misuse, and posttraumatic stress disorder. This plenary will share current research on the efficacy of DBT, review its foundational principles, and discuss ways of adapting the treatment to justice-involved service members with clinical needs.

Learning Objectives:

- Recount current research that reviews the efficacy of DBT with the veteran population.
- Describe the essential skills training modules of DBT.
- Review a 16-week curriculum that can be effectively used with your participants.

C2: "I'm Not Sick, I Don't Need Help"- Mental Illness, Anosognosia, and How to Help Someone Accept Treatment

Dr. James Fix

Learning Objectives:

- Distinguish between anosognosia vs. "denial" of mental illness (i.e., schizophrenia, bipolar disorders)—a debilitating symptom prevalent in 50% of individuals with these disorders.
- Utilize evidence-based approaches, set aside psychoeducation and logical arguments, and instead focus entirely on developing a relationship with the mentally ill person so s/he feels respected, not judged, and trusts the other person's opinion that treatment would be beneficial to reaching personal goals.
- Name the most effective forms of frontline treatments and pharmacotherapy on improving insight for a person with anosognosia.
- Preserve and build on relationship/alliance when disrupted by disagreements, paranoia, involuntary treatment, etc.
- Reduce anger, paranoia, and quickly gain cooperation and compliance.
- Collaborate with the mentally ill person to work towards common goals.
- Identify the "top two predictors" of treatment adherence.

C3: Developing and Implementing Multiple Treatment Court Tracks: How State and Superior Courts Can Collaborate to Ensure Participant Needs Are Fully Met

Judge Eddie Barker, Joshua Nation and Tim Prewett.

Over the past six years, Douglas County State and Superior Courts have been collaborating in the development and implementation of seven different accountability courts addressing participant needs over a broad clinical spectrum. Courts include Felony Drug Court, Veterans Court, Opioid Court, Mental Health Court, State Court Drug Court, DUI Court, and Low Risk Track DUI Court.

Topics covered in this workshop include:

- Clinical Assessment: Identifying gaps in service and creating opportunities for collaboration.
- Prosecution: Both the District Attorney's Office and the Solicitor's Office working together to ensure cases are addressed thoroughly with a focus on accountability and clinical sensitivity.
- Individualized Programing: Specific target populations allow each court to better develop services and responses maximizing the effect of the NADCP Ten Key Components.
- Therapeutic Jurisprudence: Knowledgeable judges make the difference in steering courts toward their maximum effectiveness.

C4: Suicide Prevention in Georgia

Rachael Holloman

Death by suicide among adults and adolescents has been on the rise in Georgia and is frequently in the media. This session will cover various topics of suicide prevention in Georgia to include warning signs, risk factors, protective factors, and various resources to include 988, GCAL, and suicide prevention coalitions. Current data will be shared regarding death by suicide in the state, along with programs that DBHDD is putting in place to address the information the data shows.

C5: The Importance of the First 90 Days of Treatment

Ken Robinson

This workshop is designed to provide participants with the knowledge to make informed decisions on choosing and implementing evidence-based therapy options for adult and juvenile clients. An emphasis is placed on substance abuse and criminal justice.

Learning Objectives:

- Discuss what works and does not work in treatment through implementation of motivational interviewing.
- Learn statistics on substance abuse, co-occurring disorders, and recidivism, as well as the link between antisocial personality disorder, substance abuse, and incarceration.
- Gain insights on popular treatment approaches and how to choose evidence-based practices appropriate for their individual program settings.

C6: Best Practices for Jurisdictions Planning to Implement a Family Treatment Court

Kirstin Frescoln and TBD

After 25 years of practice experience and scholarly research, Family Treatment Court (FTC) practitioners now have a shared understanding of the elements needed to establish and sustain an effective FTC. Grounded in research emerging from child welfare, dependency courts, substance use and mental health treatment, child development, and treatment courts, the FTC Best Practices provide guidance to communities about how to effectively meet the needs of families involved in child welfare that have substance use (SUD) and co-occurring disorders. Families that successfully complete a FTC are twice as likely to be stably reunified than families who do not receive the specialized support of an FTC. Join us as we discuss the core practices of an effective FTC.

Learning Objectives:

- Describe the FTC model and outcomes associated with effective practice.
- Identify practices associated with improved child welfare and dependency court outcomes.
- Generate at least one action step to enhance or modify current practice to improve outcomes for all dependency court families.

C7: What's New in PTSD Treatment (*Repeat of B7*)

Dr. Brian Meyer

Do you ever wonder how you can keep up with all the recent advances in PTSD treatment? The resulting boom in books, articles, websites, apps, and treatments for PTSD has made it difficult not only to keep up but also to separate those new treatments which are promising and showing real effects from those that sprout up like con men after a calamity, preying on the needy. This presentation sorts the wheat from the chaff to bring you up to date on the latest beneficial treatments for people with PTSD, as well as identifies some in the popular press which have proven unsuccessful.

C8: Kids in the Candy Store: Household Items with Abuse Potential

Michael Nerney

Your home contains many items that, in the wrong hands, can pose grave danger for abuse, addiction, overdose, and even death. Learn about trends in teen/preteen substance abuse regarding prescription drugs, over the counter medications, illicit substances used by family members, and many common household items such as cleaners and solvents. Learn how you can safeguard these items to create a safe and healthy environment in your home.

C9: Systemic Discrimination and Its Effects on Treatment Courts

Anne Janku

When people are treated differently based on a specific characteristic such as age, race, or gender, their experiences of discrimination have physical, psychological, and social impacts on them and their communities. As our nation grapples with a hard look at our history of discrimination, drug treatment courts (DTC) can take an active role in the acknowledgement and healing of staff and participants. In this session, you will learn some of the ways discrimination is present in our communities, how it impacts individuals, and what those impacts imply for our work in DTC.

Learning Objectives:

- Recognize sources of discrimination in the community.
- Identify effects of discrimination on DTC participants and staff.
- Better address the effects of discrimination on individuals involved in DTC.

Tuesday, October 11, 2022

Plenary 2

9:00am-10:15am

Mental Health Matters: A Call to Address the Mental Crisis During the COVID-19 Pandemic

Rashon Lane

This presentation will provide an epidemiological and sociological overview of adverse mental health and substance use amid the COVID-19 pandemic. Dr. Rashon Lane from the Centers for Disease Control and Prevention will highlight recent studies that describe the state of mental health amid the COVID-19 pandemic. She will also describe the social and structural factors that exacerbate mental health and its relationship to the justice system. This presentation will also illuminate the ongoing inequities in mental health outcomes by race and ethnicity trends in U.S. emergency department visits for mental health and outcomes before and during the COVID-19 pandemic.

Breakout D

10:45am-noon

D1: The Evolution of Teleservices: Developments and Emerging Opportunities

Dave Lucas and Sheila McCarthy

Due to COVID-19, the world was forced to adapt and innovate the ways we stay connected. As treatment courts around the country navigate the landscape going forward, there is an increasing demand for guidance to determine the appropriateness of teleservices (i.e., for whom, when, and where), best practices for implementation, and how to achieve the optimal balance of in-person and virtual services. The Center for Court Innovation will review the many considerations facing treatment court practitioners as they plan for more permanent adoption and expansion of teleservices, including how to assess for organizational and client readiness and fitness. Additionally, the presentation will also highlight national innovations in problem solving courts, benefits, and drawbacks, as well as current supporting research.

D2: Mistakes Courts Make in Drug and Alcohol Treatment and How to Fix Them

Dr. Brian Meyer

Despite advances in research and clinical treatment over the last two decades, the drug and alcohol overdose crisis continues to worsen. Alcohol, marijuana, and opioid use continue to rise, resulting in greater addiction, disability, and death. Adoption of advances in treatment can be slow. What can we do? This presentation is geared towards clinicians and administrators of alcohol and drug treatment programs. It will address some of the mistakes we make in alcohol and drug treatment and propose some solutions for clinical treatment and system improvement. It will challenge you to think differently about what you are doing. If you are looking for ways to improve the clinical treatment you provide to collaborative courts' participants, including drug courts, DUI courts, and veterans treatment courts, this presentation is for you.

D3: What is Even Happening Here? Screening, Assessment, and Treatment of Adolescents in Accountability Court Programs

Dr. Priscilla Faulkner

This presentation will address the screening for suitability and risk levels for adolescents considered for court programs, common adolescent mental health diagnoses, and appropriate evidence-based treatment modalities for adolescents. The presenter will also cover contraindications and complicating factors for program youth including trauma history, cognitive or learning issues, family dynamics, and dual diagnoses.

D4: "I'm Not Sick, I Don't Need Help"- Mental Illness, Anosognosia, and How to Help Someone Accept Treatment (*Repeat of C2*)

Dr. James Fix

Learning Objectives:

- Distinguish between anosognosia vs. "denial" of mental illness (i.e., schizophrenia, bipolar disorders)—a debilitating symptom prevalent in 50% of individuals with these disorders.
- Utilize evidence-based approaches, set aside psychoeducation and logical arguments, and instead focus entirely on developing a relationship with the mentally ill person so s/he feels respected, not judged, and trusts the other person's opinion that treatment would be beneficial to reaching personal goals.
- Name the most effective forms of frontline treatments and pharmacotherapy on improving insight for a person with anosognosia.
- Preserve and build on relationship/alliance when disrupted by disagreements, paranoia, involuntary treatment, etc.
- Reduce anger, paranoia, and quickly gain cooperation and compliance.
- Collaborate with the mentally ill person to work towards common goals.
- Identify the "top two predictors" of treatment adherence.

D5: Case Management: Problems Don't Ride Solo, Neither Should Solutions

James Campbell

Problems tend to travel in packs, and challenges tend to cluster together. It is rare that the individual who enters treatment or initiates recovery is facing just one difficult scenario or decision. This is where case management can be a tremendous help! According to NAADAC, "Case management is a coordinated approach to the delivery of health, substance use disorders, mental health disorders, and social services." It helps link clients with appropriate services and resources to achieve their treatment plan and recovery goals. Effective case management assists clients in navigating their diverse needs and often-fragmented community supports. This training will serve as an introduction to the fundamentals of case management for anyone working in the treatment and recovery profession and explore ways to apply these fundamentals through practical examples.

Learning Objectives:

- Verbalize a working definition of case management.
- Identify four primary functions of case management.
- Practice applying these functions practically through a case study.

D6: Empathy and Accountability: Reducing Shame and Stigma to Increase Participant Engagement in Family Treatment Courts

Lucien Gonzalez and Kirstin Frescoln

Treatment courts work because they help participants with substance use and mental health disorders quickly access quality assessments and treatment while also holding them accountable for completing case plan tasks. But treatment courts can only help if participants engage. Unfortunately, individuals often miss appointments—particularly early in the case or after a return to use. And, while there are many potential reasons for this behavior, shame and stigma are two of the most common underlying causes. We will invite practitioners to consider how their own thoughts, beliefs, and language regarding substance use and mental health disorders influence their interactions with treatment court participants and families. Stigma affects the attitudes of not only court, healthcare, treatment, and social service professionals but also family and friends. It also deters individuals from seeking treatment, including medication for addiction treatment (MAT). This session examines how shame and stigma—associated with substance use and mental health disorders—can cause harm while sharing specific strategies to reduce the harmful effects and keep participants successfully engaged throughout the entire treatment court process.

Learning Objectives:

- Recognize the ways that shame and stigma are manifest in our culture, language, and actions.
- Identify at least three changes in individual behavior to reduce stigma and shame associated with substance use and mental health disorders.
- Apply changes in team practice and procedures to reduce stigma and shame associated with substance use and mental health disorders to increase participant engagement.

D7: Incorporating Technology in DWI Courts

James Eberspacher

The use of technology for monitoring is essential for meeting the supervision and testing needs of the DWI court model. This session will explore the need for administering risk/need assessment tools validated for the impaired driver to determine the right dosage of technology to utilize while also answering questions on how to incorporate the technology into the program.

Learning Objectives:

- Identify different types of technologies used in DWI courts.
- Utilize best practices when incorporating technology into the DWI court program.
- Understand the connection between assessment and supervision need.

D8: Judicial Ethics: Challenges Unique to Accountability Courts

TBD

The accountability court setting poses unique ethical challenges and special concerns for the bench. This session will cover the ethical canons implicated by the accountability court model and provide in-depth discussion on the ethical issues faced by judges that are unique to the accountability court setting. For example, the collaborative nature of team staffing may appear to some to undermine stakeholder perception of judicial independence and impartiality. Similarly, the close connection that can develop between the judge and individual participants can blur the boundaries of judicial action and personal action. Several judicial conduct cases from other jurisdictions will be covered, as well.

D9: Recidivism Rates of Accountability Courts in Georgia

Dr. Kevin Baldwin

Three large-scale, statewide recidivism studies have been conducted on accountability courts in Georgia. We will discuss the methodology and findings of each of these studies, placing the findings within the national context. Also discussed will be the relationship between recidivism and certain factors such as type of court and fidelity of implementation. Finally, we will discuss the implications of these findings and how Georgia's accountability courts can continue to work to reduce recidivism and thereby better serve court participants and the state.

E1: The Evolution of Teleservices: Developments and Emerging Opportunities (*Repeat of D1*)***Dave Lucas and Sheila McCarthy***

Due to COVID-19, the world was forced to adapt and innovate the ways we stay connected. As treatment courts around the country navigate the landscape going forward, there is an increasing demand for guidance to determine the appropriateness of teleservices (i.e., for whom, when, and where), best practices for implementation, and how to achieve the optimal balance of in-person and virtual services. The Center for Court Innovation will review the many considerations facing treatment court practitioners as they plan for more permanent adoption and expansion of teleservices, including how to assess for organizational and client readiness and fitness. Additionally, the presentation will also highlight national innovations in problem solving courts, benefits, and drawbacks, as well as current supporting research.

E2: Mistakes Courts Make in Drug and Alcohol Treatment and How to Fix Them (*Repeat of D2*)***Dr. Brian Meyer***

Despite advances in research and clinical treatment over the last two decades, the drug and alcohol overdose crisis continue to worsen. Alcohol, marijuana, and opioid use continue to rise, resulting in greater addiction, disability, and death. Adoption of advances in treatment can be slow. What can we do? This presentation is geared towards clinicians and administrators of alcohol and drug treatment programs. It will address some of the mistakes we make in alcohol and drug treatment and propose some solutions for clinical treatment and system improvement. It will challenge you to think differently about what you are doing. If you are looking for ways to improve the clinical treatment you provide to collaborative courts' participants, including drug courts, DUI courts, and veterans treatment courts, this presentation is for you.

E3: Marketing Your Treatment Court Program***Chris Deutsch***

Now more than ever it is critical for treatment courts to promote themselves to their communities, funders, elected officials, and the press. But with so much competing for our attention it can be difficult to stand out. This session will explore how treatment courts can engage the media to build public support, develop compelling stories to highlight success, and prepare for difficult or negative attention. In doing so, we'll explore how to develop strategic messaging and examine different ways to ensure messaging reaches the right audience.

Learning Objectives:

- Understand the media landscape and how treatment courts fit in.
- Learn how to identify, develop, and communicate stories in a way that advances your goals.
- Prepare for media opportunities using stories as an anchor for strategic messaging.

E4: Community Supervision Officers and Accountability Court Interoperability***Angel Perrine and LaMario Harris***

The training session will briefly highlight the Standards of the CACJ and the role of accountability court personnel, as well as detail how Community Supervision Officers can work with the accountability court to provide the best possible outcomes for participants under state supervision. Notably, DCS is outcome driven and utilizes a person-centered approach when monitoring offenders. The session will provide instruction to DCS Officers on making appropriate recommendations to the accountability court and for sanctions when a violation of the accountability court conditions have occurred, which aligns with both accountability court goals and DCS policy.

E5: New Data Tools for CaseWorX

Amanda Lewis

In 2021, CaseWorX rolled out two data reporting enhancements: a new ad hoc reporting tool and a rebuild to the CACJ repository. This session will include high level training on both new tools, as well as an overview of other new features that have been rolled out in the past year, such as enhancements to the financial registry, participant transfer, and dependent/family case tracking.

Learning Objectives:

- How to run ad hoc reports with data points they have selected for their court, how to generate charts for those reports, and how to export and save reports.
- How to navigate the repository rebuild and submit data to the state for quarterly reporting.
- How to navigate other enhanced areas of the system, such as the financial registry and participant transfer.

E6: Empowering Families to Build Recovery Capital for Sustained Recovery and Family Well-Being

Kirstin Frescoln and Gabrielle Johnson

There is more to sustained recovery than negative drug tests, treatment attendance, and completion of services. Sustained recovery depends on all four of the Substance Abuse and Mental Health Services Administration's identified domains—health, home, purpose, and community. Recovery capital, or “the sum of personal and social resources at one's disposal for managing drug dependence and bolstering one's capacity and opportunities for recovery,” [1] encompasses these domains. This session highlights research related to the role of recovery capital in sustaining individual recovery and family well-being while discussing strategies that help parents, children, and families establish and expand their recovery capital.

Cloud W, Granfield R. Conceptualizing recovery capital: expansion of a theoretical construct. Substance Use & Misuse. 2008; 43 (12-13)

Learning Objectives:

- Innovative strategies and key lessons related to integrating recovery capital and protective factor approaches into their work with parents, children, and family members affected by substance use disorders.
- Explain how building recovery capital increases the protective factors, resiliency, and wellness of all family members.
- Integrate at least three new approaches into their work with parents, children, and family members that will empower them to sustain recovery and family well-being.

E7: An Overview of Psychotropic Drugs for Mental Health Disorders

Dr. Joseph Browning

In this session, participants will be provided a broad examination of various categories of psychotropic medications that are commonly prescribed to individuals with pervasive mental illness.

E8: From an Ember to a Flame: Reigniting Your Passion as a Treatment Provider

Gina Hutto

Being a treatment provider in accountability courts is a challenging and rewarding job. Many of us feel called to do this work, but sometimes the passion we once had for our work starts to dissipate. COVID has further complicated our lives both professionally and personally, only adding to the problem. This session will explore the feeling of burnout that many treatment providers are experiencing and how burnout may present in a treatment setting. Participants will learn healthy ways to deal with burnout and other complex clinical issues they may face as treatment providers.

E9: Recidivism Rates of Accountability Courts in Georgia (Repeat of D9)

Dr. Kevin Baldwin

Three large-scale, statewide recidivism studies have been conducted on accountability courts in Georgia. We will discuss the methodology and findings of each of these studies, placing the findings within the national context. Also discussed will be the relationship between recidivism and certain factors such as type of court and fidelity of implementation. Finally, we will discuss

the implications of these findings and how Georgia's accountability courts can continue to work to reduce recidivism and thereby better serve court participants and the state.

Team Workshops /Roundtables

3:15pm-4:30pm

This session is a roundtable discussion with the members of your accountability court team. During the session, participants will use a series of guided questions to debrief and discuss their perspectives about the 2022 annual training conference, define team goals, and explore additional discussion topics.

Wednesday, October 12, 2022

Breakout F (Mini-Plenary Sessions)

8:45am-10:00am

F1: Critical Connections: Overdose Prevention and Accountability Courts

Dave Lucas and Sheila McCarthy

Without question, treatment courts are well-positioned to reduce the likelihood of overdose among its participants. Many treatment courts have the resources, partnerships, and training needed to do this lifesaving work effectively. However, as the overdose crisis evolves, programs must continue to refine these efforts, and in some cases, incorporate new strategies alongside existing best practices. These adaptations might include the provision of targeted education to staff and participants, expanding access to agonist and overdose reversal medications, the integration of peer-led, community-based services, and more. Drawing on evidence from the drug court, addiction medicine, and public health fields, this presentation will provide guidance to practitioners looking to develop new, or assess current, overdose prevention protocols.

F2: Georgia Drug and Gang Trends

Officer Hillsman and Officer Kilcrease

The flood of other drugs has reached epidemic proportion in many of our communities. Attendees in this session will learn about local challenges such as gang activity, the prison broker drug system driving the availability of drugs in communities, and emerging drug trends surrounding Fentanyl, heroin, cocaine, methamphetamines, and other chemicals.

F3: TRUST: An Integrated Behavior Model for Treatment of Stimulant Use

Al Hasson

The TRUST materials presentation includes:

- New information about the use and effects of cocaine and methamphetamine.
- Key clinical challenges that clinicians face when treating this population.
- Review of the evidence-based treatment strategies for StimUD treatment.
- An overview of the TRUST treatment materials, including:
 - Strategies to imbed TRUST within an existing treatment program.
 - Discuss how motivational interviewing (MI) is central to the effective engagement of individuals in treatment and to assisting them with behavior change during treatment.
 - Present elements of community reinforcement approach (CRA) and cognitive behavioral therapy (CBT) can be used to assist individuals with StimUD to reduce/discontinue their drug use and prevent relapse.
 - Describe a procedure for incorporating positive incentives into the treatment milieu.
 - Provide information and guidance for how physical exercise can benefit individuals who are attempting to reduce/discontinue their use of methamphetamine and cocaine.
- Describe a plan for providing continuing care to assist individuals to sustain the progress they have made in a structured treatment program.

F4: Assessing a Swift, Certain, and Fair (SCF) Sanctions Pilot Program Involving High Risk/Needs Probationers - Year 2

John Prevost and William Sabol

The session goals are for participants to understand why assessing the effectiveness of the SCF Sanctions Pilot Program is important and to report on what the Georgia State University team has learned during year one of the four-year project. The session will use a slide presentation and include discussion with attendees, provide time to address questions, and allow session attendees to discuss issues among themselves.

Learning objectives:

- Understand the rationale behind evaluating the pilot and the important questions the evaluation of the pilot project is trying to answer.
- Understand how the pilot project is going about answering these important questions (interviews, surveys, data gathering and analysis, observation [post-COVID]).
- Understand the scope and length of the evaluation (questions it can and cannot answer).
- Understand the importance of research partnerships for evaluating the effectiveness of criminal justice programs and practices.
- Understand the importance of research partnerships for identifying and implementing evidence-based criminal justice programs and practices.

Closing Plenary

10:15-11:30am

Trauma Awareness and Resilience Strategies for Work and Life

Terrence Walton

Our work comes with tremendous stress, trauma and pressure. Each day we serve people who are struggling and are witness to and exposed to tremendous amounts of trauma, sadness and dysfunction. At the same time, we are faced with structural and systemic challenges around safety and security, funding, technological change, and a list that goes on and on. Do you ever ask yourself whether you are going to survive this work? Do you wonder if you can continue to rise to the challenge, get everything done, stay engaged? We will delve into the nature of the problem so we can understand what prolonged stress, exposure and challenge does to us and our teams. But more importantly, we will explore research-based practices and solutions that each one of us can implement to meet the challenges for ongoing health, satisfaction and performance. The answer is that we can survive and even thrive by focusing on and implement mindful resilience strategies.

Learning Objectives:

- Understand the impact that the stress, trauma and constant pressure in our work has on us and the people we work with.
- Identify and begin planning how to implement clear strategies and workable solutions for moving toward better health, performance and resilience as people and organizations.
- Learn ideas and strategies we can implement to lead our teams to be more mindfully effective, better prepared, and positioned to respond to the changes and challenges that will surely keep coming.