Risk and Need:
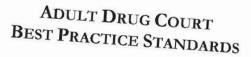
Implementing Multiple Tracks in Your Treatment Court Program

Shannon Carey, Ph.D.
Hon. Peggy Davis
Hon. Richard Vlavianos

ADULT DRUG COURT BEST PRACTICE STANDARDS

VOLUME I

NADCP
National Association of Drug Court Professionals

National Association of Drug Court Professionals
Alexandria, Virginia

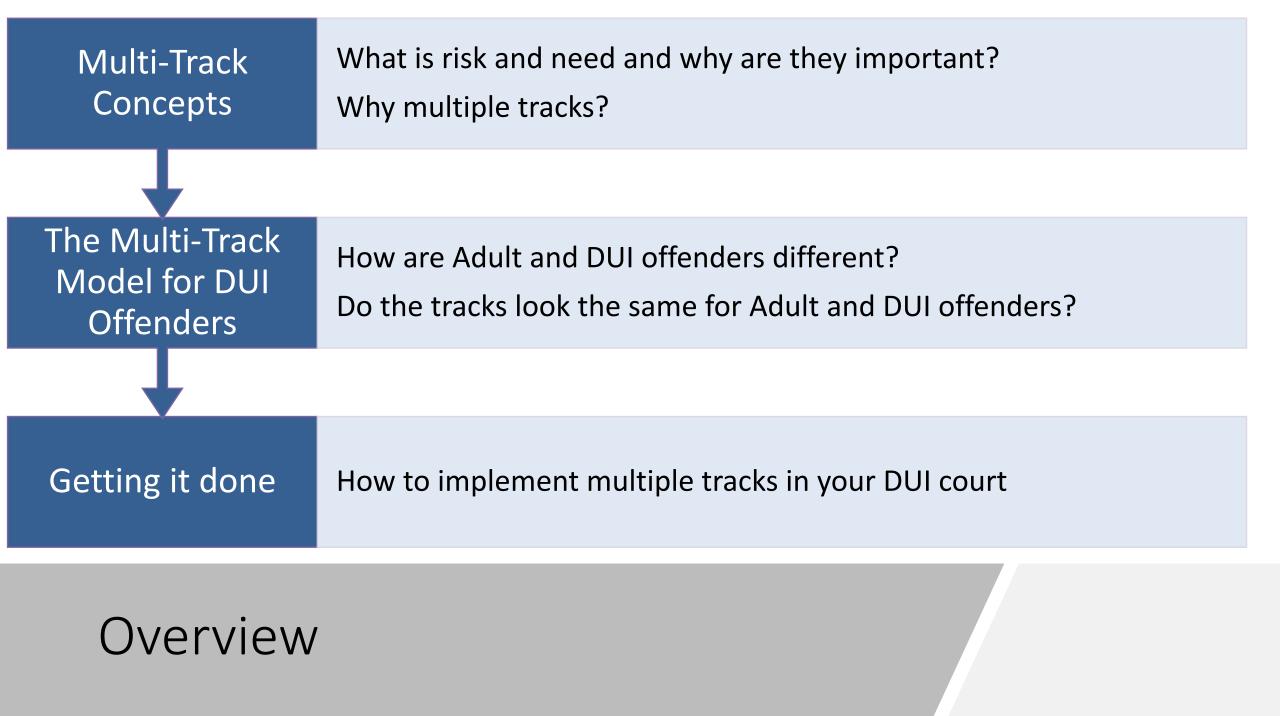- Target high-risk high-need (Biggest impact on recidivism)
- *What about everyone else?*
- Separate participants into multiple tracks

Multi-Track Concepts	What is risk and need and why are they important?
	Why multiple tracks?

The Multi-Track Model for DUI Offenders	How are Adult and DUI offenders different?
	Do the tracks look the same for Adult and DUI offenders?

Getting it done	How to implement multiple tracks in your DUI court

Overview

What is Risk?

Risk

The likelihood that a person will get re-arrested and/or fail on probation

*Past behavior is the best predictor of future behavior

Risk:

≠ Dangerousness

≠ Crime type

≠ Failure to appear

≠ Sentence or disposition

≠ Custody or security classification level

4

Criminogenic Needs

- Needs related to criminal behavior.
- They important because:
  - They can change and therefore are viable intervention targets
  - When they change (due to intervention) recidivism will decrease

NON-Criminogenic Needs

- Needs NOT related to criminal behavior (e.g., self-esteem)
- They important because:
  - Changing them will NOT reduce recidivism
  - Some must be addressed before interventions for criminogenic needs can be effective
    - Medical Health
    - Mental Health
    - Food

What is Need?

Clinical Need:

= Diagnosed Substance Use Disorder (Mod to Severe)

= Diagnosed Mental Health Disorder

= Both

Need = What level and type of drug and alcohol/mental health treatment is required for recovery?

Considerations for treatment court entry:
- Is it life threatening? (e.g., Detox, Suicide watch)
- Can they be treated safely in the community? (e.g., outpatient)

8

CLINICAL Needs

Substance Use

- ✔ Is also one of the Central 8 Risk factors/Criminogenic needs

- ✔ The higher the need level, the more intensive the treatment or rehabilitation services should be; *and vice versa*

- ✔ Mixing need levels is contraindicated

Risk-Need-Responsivity (RNR) Model as a Guide to Best Practices

Principle
Risk Principle
Needs Principle
Responsivity Principle

Risk-Need-Responsivity (RNR) Model as a Guide to Best Practices

Principle	
Risk Principle	Match the intensity of individual's intervention to their risk of reoffending (*Supervision Level*)
Needs Principle	
Responsivity Principle	

Risk-Need-Responsivity (RNR) Model as a Guide to Best Practices

Principle	
Risk Principle	Match the intensity of individual's intervention to their risk of reoffending (*Supervision Level*)
Needs Principle	Target criminogenic needs, such as antisocial behavior, substance abuse, antisocial attitudes, and criminogenic peers *(WHAT to target)*
Responsivity Principle	

Risk-Need-Responsivity (RNR) Model as a Guide to Best Practices

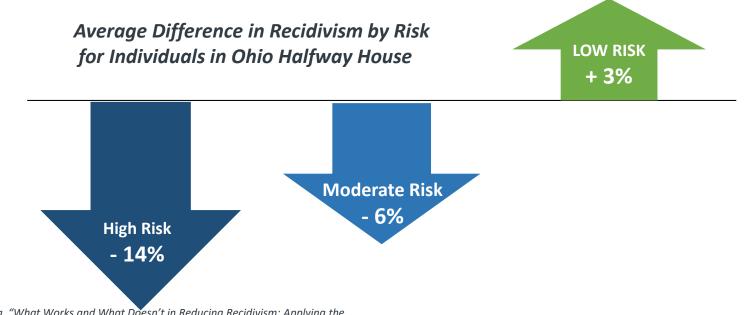| Principle	
Risk Principle	Match the intensity of individual's intervention to their risk of reoffending (*Supervision Level*)
Needs Principle	Target criminogenic needs, such as antisocial behavior, substance abuse, antisocial attitudes, and criminogenic peers *(WHAT to target)*
Responsivity Principle	Tailor the intervention to the learning style/disability, motivation, culture, demographics, and abilities of the individual *(HOW to best target)*

THE *RNR* PRINCIPLE ARGUES THAT:

Higher risk/Higher need clients warrant *increased* level of supervision, Case Management and intervention.

Lower risk/Lower need clients may have *poorer* outcomes with too *much* supervision, case mangement and intervention.

THE IMPORTANCE OF RISK PRINCIPLE

Failing to adhere to the risk principle can **increase** recidivism

Average Difference in Recidivism by Risk for Individuals in Ohio Halfway House

LOW RISK
+ 3%

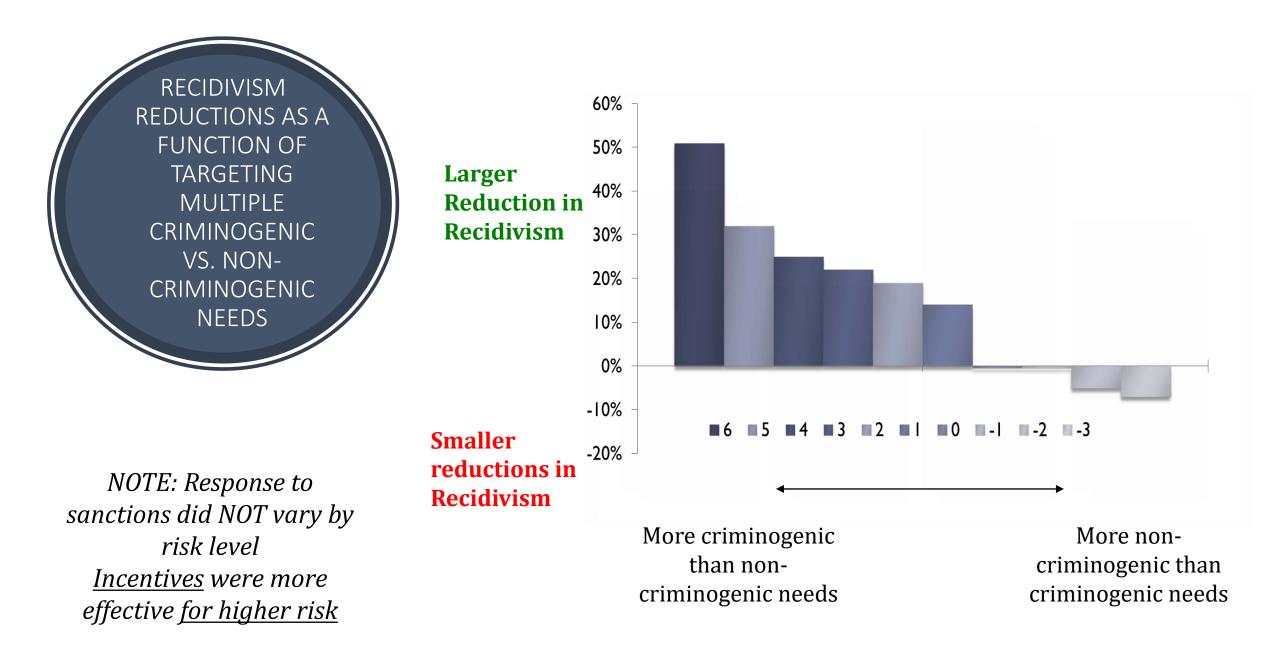High Risk
- 14%

Moderate Risk
- 6%

Source: Presentation by Dr. Edward Latessa, "What Works and What Doesn't in Reducing Recidivism: Applying the Principles of Effective Intervention to Offender Reentry"

Addressing Risk Factors (Need) as Part of Behavioral Health Services

Dynamic Risk Factor (Central 8)	Need/Case management/Services
History of antisocial behavior (Criminal History)	Build and practice positive/healthy behaviors
Antisocial personality pattern (Check trauma history)	Learn problem solving skills, practice anger management
Antisocial cognition	Develop more pro-social thinking
Antisocial associates	Reduce association with criminal others (learn refusal skills)/increase time with pos peers
Family and/or marital discord	Reduce conflict, build positive relationships
Poor school and/or work performance	Work on good employee/study/performance skills
Poor living situation	Find appropriate housing
Substance abuse	Reduce use through integrated treatment

Address Risk Factors (Need) in treatment, supervision, case management, staffing and court

RECIDIVISM REDUCTIONS AS A FUNCTION OF TARGETING MULTIPLE CRIMINOGENIC VS. NON-CRIMINOGENIC NEEDS

NOTE: Response to sanctions did NOT vary by risk level
Incentives were more effective for higher risk

Larger Reduction in Recidivism

Smaller reductions in Recidivism

More criminogenic than non-criminogenic needs

More non-criminogenic than criminogenic needs

(Andrews, Dowden, & Gendreau, 1999; Dowden, 1998)

IN SUMMARY...

Focus resources on:

☑ People *most likely* to reoffend and with the *highest* criminogenic behavioral health needs

HIGH RISK

OR

☑ Put people in alternate tracks based on risk and need level

- Evaluation of four programs implementing all 4 tracks in Missouri

- Process, Outcome and Cost Evaluation

WHY MULTIPLE TRACKS? BECAUSE IT WORKS!

FOCUS GROUPS
Showed qualitative differences

Q1 – HR/HN
- Complainers but more likely to say program saved them
- Called each other on their B.S.
- Probation burnout

Q2 – LR/HN
- Appreciative of the variety of services offered
- More supportive of each other

FOCUS GROUPS
Showed qualitative differences

Q3 – HR/LN

- Working on criminal thinking
- Never fit in in treatment groups
- High collateral needs

Q4 – LR/LN

- Better dressed
- Frightened of court
- Scared of other people in the program

FOCUS GROUPS
Showed qualitative differences

"We know we have less criminal behavior and need more treatment." – Q2

"Until they slapped me in drug court....typical probation is easy to manipulate but once they stick you in drug court you really don't have a choice but to straighten up and fly right." – Q3

"We are manipulators. To manipulate on standard probation is SO easy." – Q3

"I hated when I had to switch POs because I felt like I had just got comfortable with one PO and they knew me, they knew my life, the style with my family and then I had a new one." – Q2
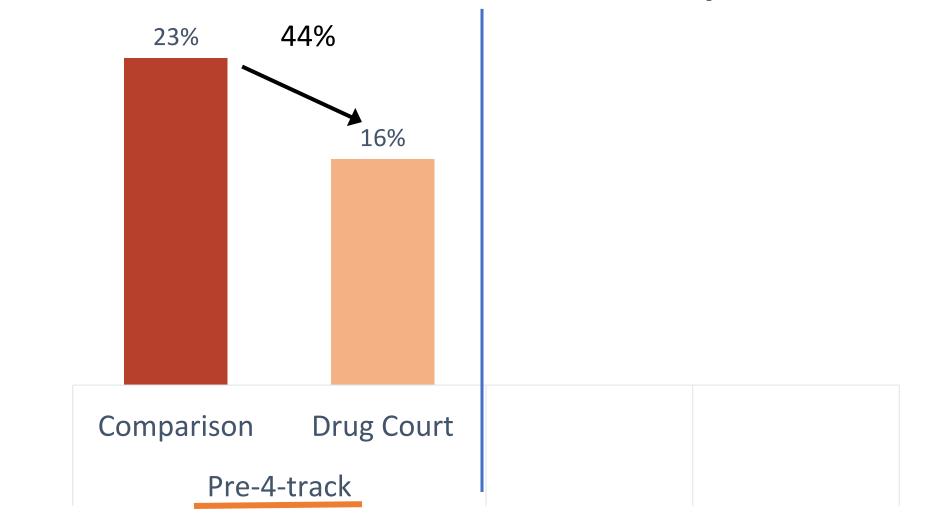
Average Cost per Participant by Quadrant

Transaction	All GCATC	Q1-HR/HN	Q2-LR/HN	Q3-HR/LN	Q4-LR/LN
Case Management Days	$3,974	$4,377	$4,740	$3,361	$1,468
Court Appearances	$1,699	$1,565	$587	$3,570	$186
Treatment[b]	$8,289	$10,120	$9,576	$4,541	$1000(est.)
Drug Tests	$956	$865	$1,009	$1,103	$1,009
Jail Sanctions	$71	$1,672	$613	$1,172	$243
Program Fees[c]	($1,424)	($1,096)	($2,088)	($1,640)	($2,161)
TOTAL	$13,565	$17,503	$14,437	$12,107	$7,701
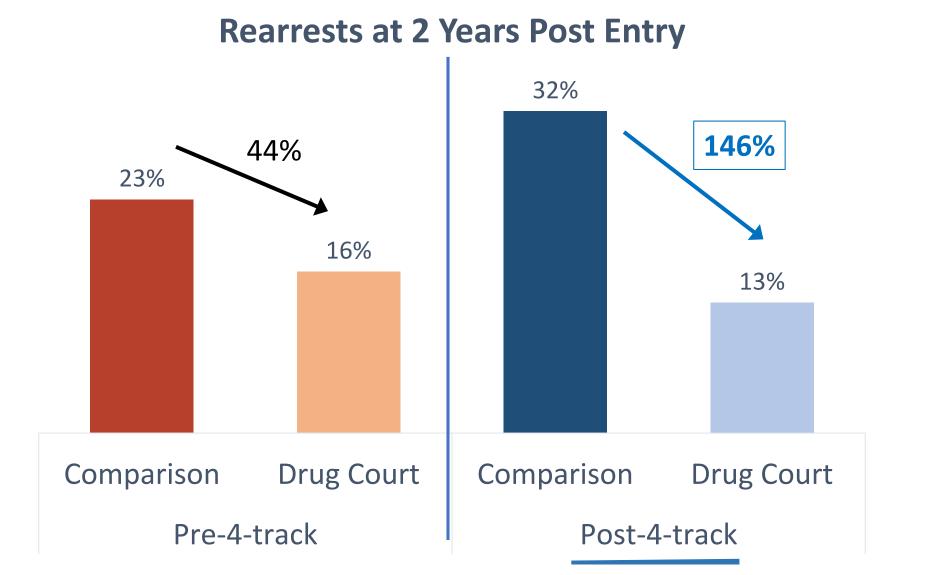
Springfield, MO

Recidivism Outcomes 4-tracks ADC - MO
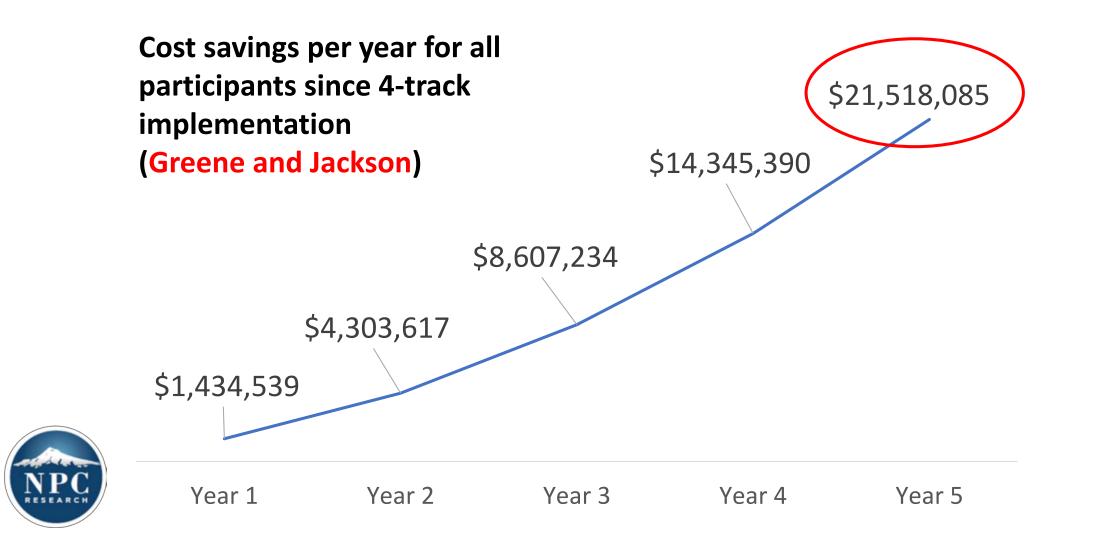
Rearrests at 2 Years Post Entry

23% 44%

16%

Comparison   Drug Court

Pre-4-track

COST SAVINGS ALL 4 TRACKS

Cost savings per year for all participants since 4-track implementation (Greene and Jackson)

$21,518,085

$14,345,390

$8,607,234

$4,303,617

$1,434,539

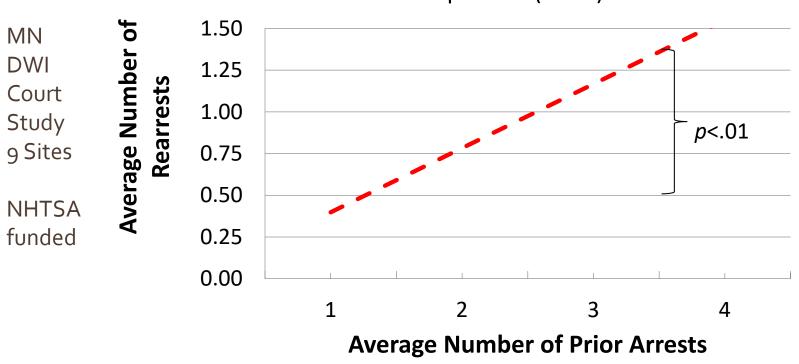Year 1   Year 2   Year 3   Year 4   Year 5

What about DWI Offendors?

DOES RESEARCH SHOW THE SAME FINDINGS FOR DWI PARTICIPANTS AS DRUG COURT?

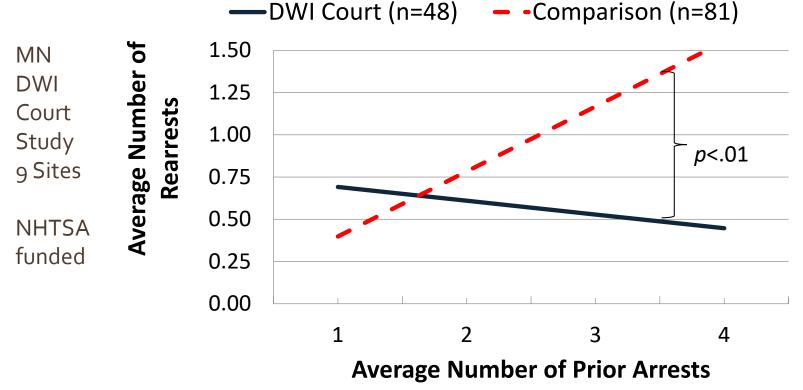Average Number of Rearrests by Number of Prior Arrests at 2 Years

Comparison (n=81)

MN
DWI
Court
Study
9 Sites

NHTSA
funded

Average Number of Rearrests

1.50
1.25
1.00
0.75
0.50
0.25
0.00

1   2   3   4

Average Number of Prior Arrests

p<.01

Does Research show the Same Findings for DWI Participants as Drug Court?

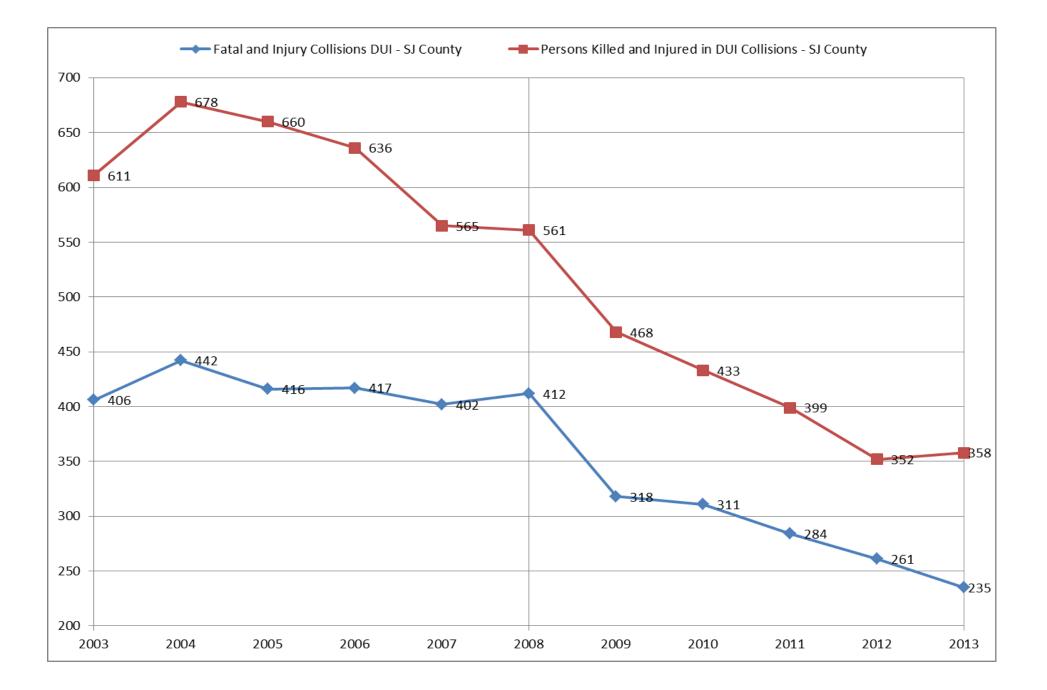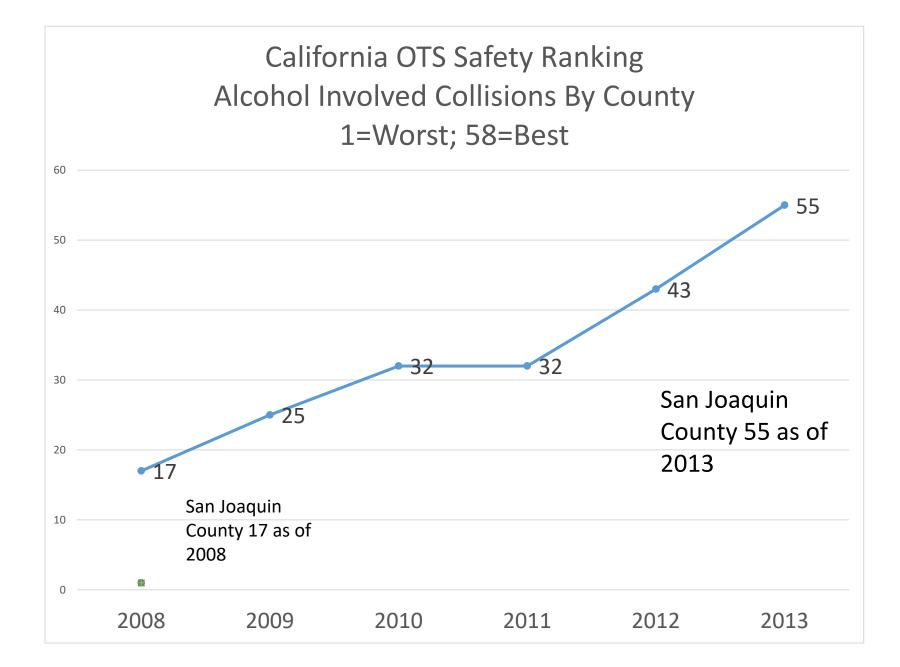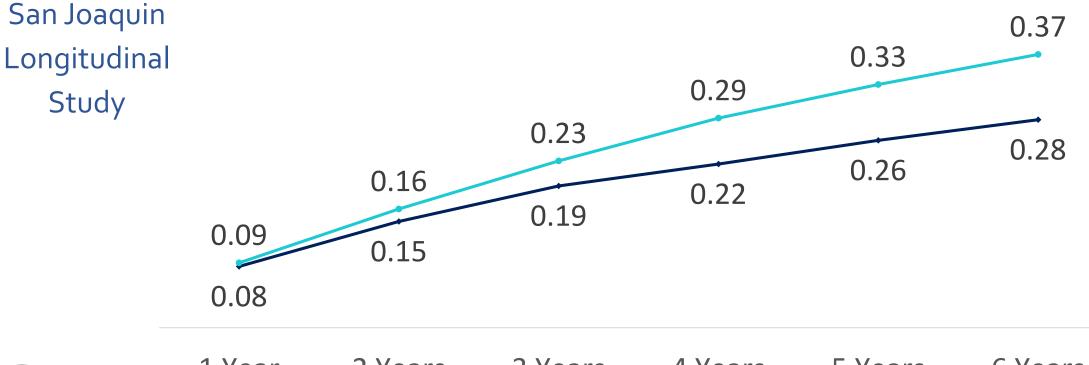Average Number of Rearrests by Number of Prior Arrests at 2 Years

—— DWI Court (n=48)   – – Comparison (n=81)

MN DWI Court Study 9 Sites

NHTSA funded

p<.01

Average Number of Rearrests

Average Number of Prior Arrests

Research: San Joaquin County DUI Court Example

California OTS Safety Ranking
Alcohol Involved Collisions By County
1=Worst; 58=Best

San Joaquin County 17 as of 2008

San Joaquin County 55 as of 2013

17
25
32
32
43
55

2008 2009 2010 2011 2012 2013

Average Number of New Major Drug or Alcohol DUI Convictions

San Joaquin Longitudinal Study

SJ DUI Court (n=1,170) — Comparison (n=1,262)

Comparison line: 0.09, 0.16, 0.23, 0.29, 0.33, 0.37

SJ DUI Court line: 0.08, 0.15, 0.19, 0.22, 0.26, 0.28

Number of Years Post-Conviction: 1 Year, 2 Years, 3 Years, 4 Years, 5 Years, 6 Years

NPC RESEARCH

DUI filings in San Joaquin went from 3,300 in 2009 to 989 in 2019

San Joaquin DUI program has decreased from a peak of around 1,000 to 276 active participants (2019).
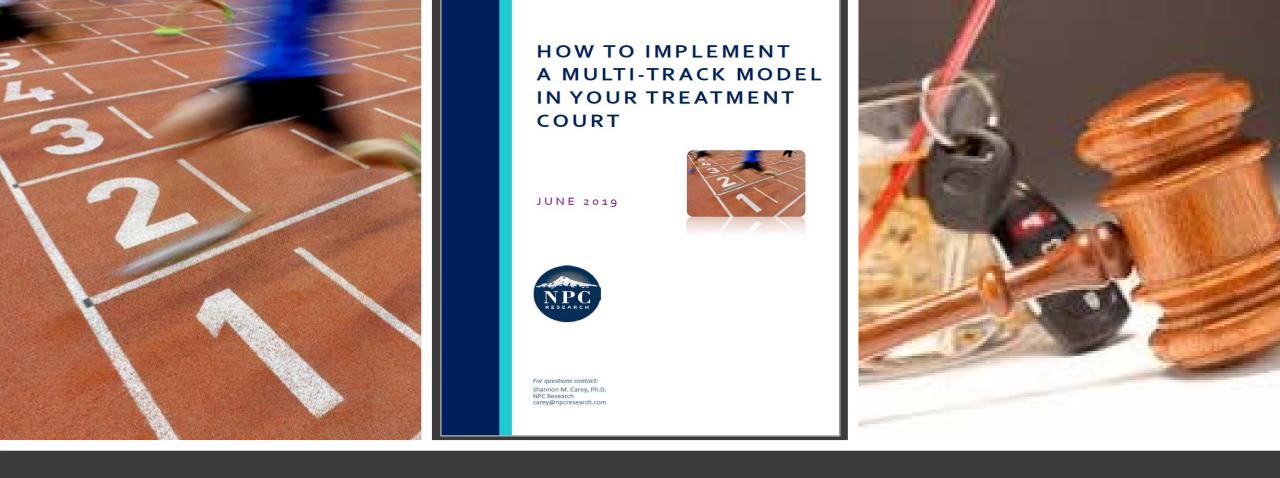
So, how do you do this?

HOW TO IMPLEMENT A MULTI-TRACK MODEL IN YOUR TREATMENT COURT
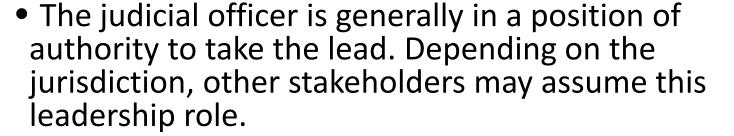
HOW-TO MANUAL

STEP #1: ENGAGE IN TRAINING AND TECHNICAL ASSISTANCE

- All key team members and stakeholders should be trained in the treatment court model and multiple tracks prior to implementation.

- Training should include the traditional topic areas for the drug and DWI court model, with an additional emphasis on modifications that might occur in different tracks according to risk-need-responsivity principles.

- Training resources through NDCI and NPC Research are listed in the how-to manual
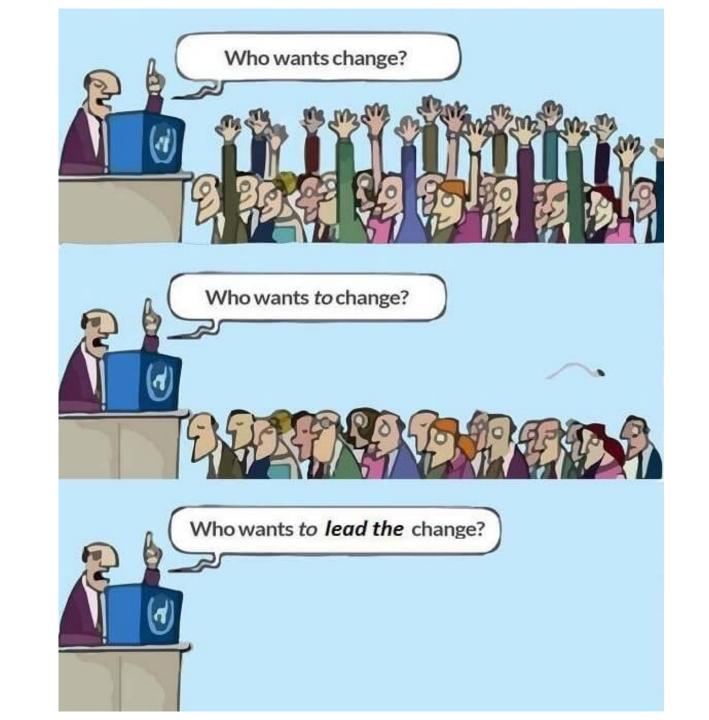
STEP #4: IDENTIFY AN INDIVIDUAL(S) TO LEAD PLANNING AND IMPLEMENTATION

- The judicial officer is generally in a position of authority to take the lead. Depending on the jurisdiction, other stakeholders may assume this leadership role.

- The leader lends legitimacy, respect, authority, experience, and knowledge to the idea of implementing the multi-track model.

- The leader <u>must</u> understand evidence-based practices and be able to articulate the importance of such practices,

- Share the work among all team members
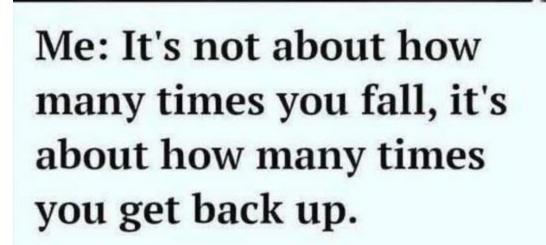
Motivate Change – HOW?
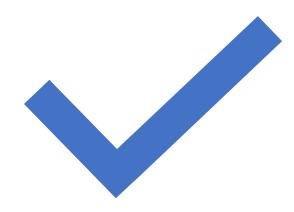
Motivate Change – HOW?

"I'm trying to decide if it's more likely I know nothing about leading, or everyone I work with knows nothing about following."

How do You know What Track to Put Them In?

Select Appropriate Screening and Assessment Tools

Me: It's not about how many times you fall, it's about how many times you get back up.

Cop: that's not how field sobriety tests work.

STEP #8: SELECT APPROPRIATE SCREENING AND ASSESSMENT TOOLS

- Reliable = Predicts risk consistently from person to person

- Valid = Has been tested multiple times in defined population and it is accurate *(for CJ population)

- Standardized = Has proscribed instructions for use that, if followed, have the same result with different users

- Ease of use = Instructions easy to follow, not too long to be practical

- Cost = Within acceptable price range according to resources available, some good free tools

Traditional CJ Risk Assessments

Risk Assessment Tools
(Examples)

- **RISK AND NEEDS <u>TRIAGE</u> (RANT)** SCREENING

- **OHIO RISK <u>ASSESSMENT</u> SYSTEM (ORAS)**

- **Level of Service Case/ Management Inventory (LS/CMI)**

DWI Risk Assessments

- CARS   https://www.responsibility.org/end-impaired-driving/initiatives/cars-dui-assessment-project/

- RIASI

- IDA

- DUI-RANT (screen)

- (SBiRT screening for ALL DWI offenders)

https://www.criminaljustice.ny.gov/opca/pdfs/2014-Risk-and-Need-Assessment-Update-8-20-14.pdf

PREDICTORS OF RISK

Central 8

Risk Factors for new criminal arrest

1. Criminal History
2. Antisocial Attitudes
3. Antisocial Personality
4. Peer Associations
5. School/Employment
6. Substance Abuse
7. Living Situation
8. Family/Marital

Risk Factors for new DWI

1. DWI History
2. Antisocial Attitudes
3. Antisocial Personality
4. Peer Associations
5. School/Employment
6. Substance Abuse
7. Living Situation
8. Family/Marital
9. BAC Level
10. Traffic Violations

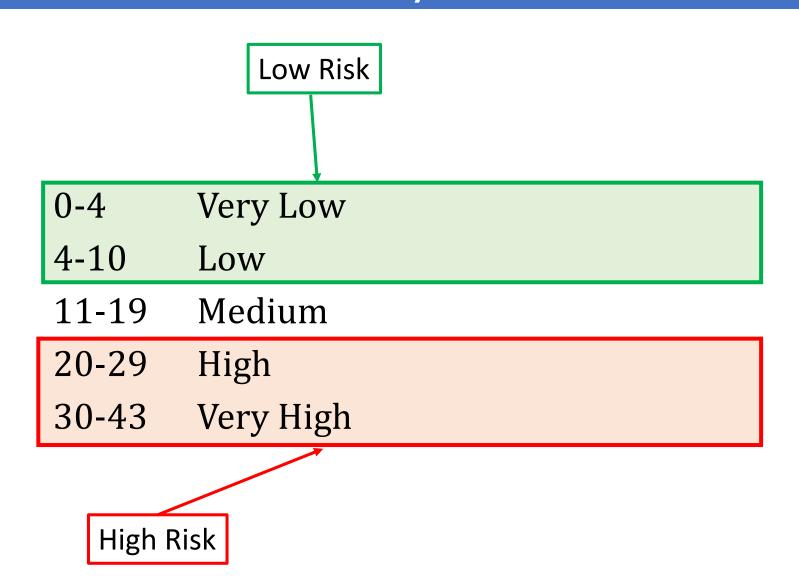# ORAS AND LS/CMI ASSESSMENT SCORE & DOMAINS

LS/CMI and ORAS Domains

1. Criminal History
2. Peer Association
3. Criminal Attitudes and Behavior
4. Education/Employment/ Financial
5. Family And Social Support
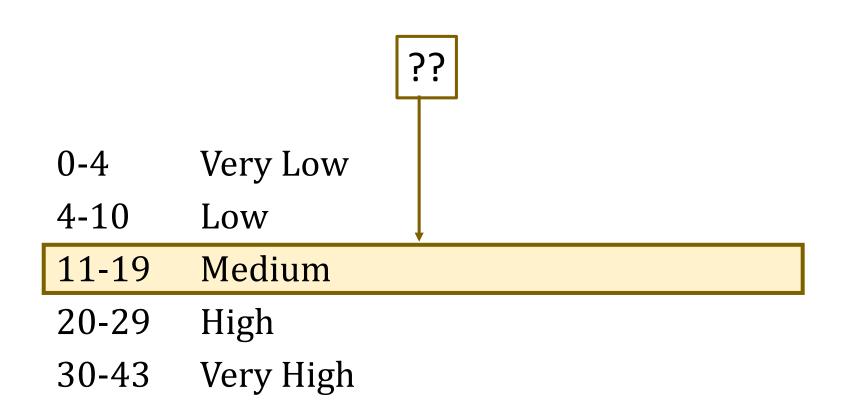6. Leisure? Neighborhood/ Living Sit.
7. Substance Use

Top 8

1. Criminal History

2. Peer Associations
3. Antisocial Attitudes
4. Antisocial Personality
5. School/Employment
6. Family/Marital
7. Living Situation
8. Substance Use

EXAMPLE: LS/CMI

Low Risk

0-4	Very Low
4-10	Low
11-19	Medium
20-29	High
30-43	Very High

High Risk

EXAMPLE: LS/CMI

??

0-4	Very Low
4-10	Low
11-19	Medium
20-29	High
30-43	Very High

LS-CMI Score & Domains

LS-CMI Domains	Max Score
1. Criminal History	8
2. Peer Association	4
3. Criminal Attitudes And Behavior	4
4. Anti-social patterns/Personality	4
5. Education/Employment/Financial	4
6. Family And Social Support	4
7. Leisure Activities/Living Sit.	2
8. Substance Use	8

~ Low Risk

11-19 Moderate/Medium

ASSESSMENTS FOR CLINICAL NEED

✔ **RISK AND NEEDS TRIAGE (RANT)**

✔ **Addiction Severity Index (ASI)**

Developed by the Treatment Research Institute

✔ **American Society of Addiction Medicine (ASAM) Assessments**

Guidelines for placement, continued stay and transfer/discharge of patients with addiction and co-occurring conditions

EXAMPLE: Addiction Severity Index (ASI)

Low Need

Severity ratings based on a 10 point scale (0-9):

* **0-1** No real problem, treatment not indicated

* **2-3** Slight problem, treatment probably not necessary

* **4-5** Moderate problem, some treatment indicated

* **6-7** Considerable problem, treatment necessary

* **8-9** Extreme problem, treatment absolutely necessary

High Need

Step #11: Understand the Fundamentals of Each Track

	Track 1 Supervision and Treatment Emphasis	Track 2 Treatment Emphasis	Track 3 Supervision and Case Management Emphasis	Track 4 Education Emphasis Avoid any Unnecessary Contact
Criminogenic Risk Level	High	Low	High	Low
Need Level	High	High	Low	Low
DWI Risk Level *Track placement driven by criminogenic risk and need levels	High or Low	High or Low	High or Low	High or Low
Emphasis	Supervision, case management, services for criminogenic needs, SUD/MH treatment	SUD/MH treatment	Supervision, case management, services for criminogenic needs	Diversion

STEP #11: UNDERSTAND THE FUNDAMENTALS OF EACH TRACK

	Track 1 Supervision and Treatment Emphasis HR/HN	Track 2 Treatment Emphasis LR/HN	Track 3 Supervision and Case Management Emphasis HR/LN	Track 4 Education Emphasis Avoid any Unnecessar Contact LR/LN
Minimum Program Length	14 months	13 months	12 months	6-9 months
Court Hearings	Phase 1-2: 2x/month Phase 3-5: 1x/month Non-compliance calendar	Phase 1: 2x/month Phase 2: 1X/month Phase 3-5: Quarterly Non-compliance calendar	Phase 1-2: 2x/month Phase 3-5: 1x/month Non-compliance calendar	Non-compliance calendar; only as needed
SUD treatment and/or Mental Health Treatment	As determined by assessment Individual and/or group counseling Relapse prevention	As determined by assessment Individual and/or group counseling Relapse prevention	No substance use or mental health disorder treatment (education as needed)	No substance use or mental health disorder treatment (education as needed)

Practical Considerations in Creating tracks

How tracks are implemented varies based on program size and what services are available

HOW TO IMPLEMENT
A MULTI-TRACK MODEL
IN YOUR TREATMENT
COURT

JUNE 2019

NPC
RESEARCH

For questions contact:
Shannon M. Carey, Ph.D.
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carey@npcresearch.com

Alternate Court Sessions
- Different days of the week
- Different portions of the day/hour

Separate Therapy Groups
- Separate by risk level
- Separate by type of services needed
- Separate by agency
- Small programs may need to focus on individual sessions

Probation Officers/Case Managers
- Assigned to separately tracks
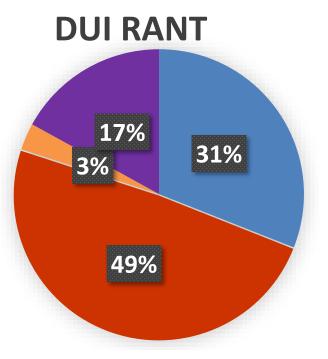- And/or understand R/N differences
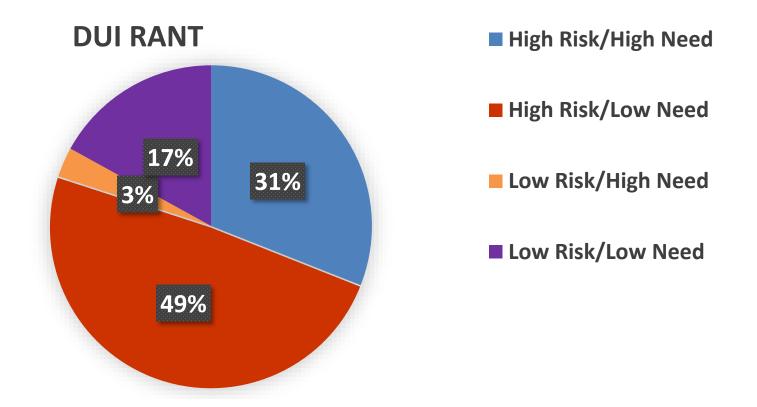
San Joaquin County DUI Court Example

RANT Stats for Repeat DWI Offenders (N=1,133)

DUI RANT

- High Risk/High Need
- High Risk/Low Need
- Low Risk/High Need
- Low Risk/Low Need

DUI RANT: 31%, 49%, 3%, 17%

RANT

RANT: 31%, 39%, 3%, 27%

~20% of HR/LN for DUI scored LR/LN on regular assessment

RANT STATS FOR REPEAT DWI OFFENDERS (N=1,133)

DUI RANT

- High Risk/High Need — 31%
- High Risk/Low Need — 49%
- Low Risk/High Need — 3%
- Low Risk/Low Need — 17%

~80% of repeat DWI offenders were high risk for a new DWI. Require intensive monitoring for public safety

Track 1: Full Traditional DUI Court Model

- High Risk/High Need – approximately 30% of repeat DUI population
- Full assessment for risks and need and appropriate placement in supervision and treatment according to assessment results
- Regular case management appointments
- Court appearances every other week
- Immediate response to non-compliance
- Recognition for compliance

Track 1: Full Traditional DUI Court Model

- High Risk/High Need – approximately 30% of repeat DUI population
- Full assessment for risks and need and appropriate placement in supervision and treatment according to assessment results
- Regular case management appointments
- Court appearances every other week
- Immediate response to non-compliance
- Recognition for compliance

Track 2: COURT MONITORING TRACK

- Report to Case Manager - verifies compliance
- Added probation conditions
- Alcohol/drug monitoring; Abstain clause;
- Court reviews scheduled for 1 mo; 6 mo; 1 yr
- Court appearance added with non-compliance
- Immediate response to non-compliance
- Recognition for compliance
- Continued non-compliance results in participant re-assessment and move to Track 1

MONITORING TECHNOLOGIES

- Transdermal Monitoring (ankle bracelet)
- Ignition Interlock Device
- Remote Testing (cell phone)
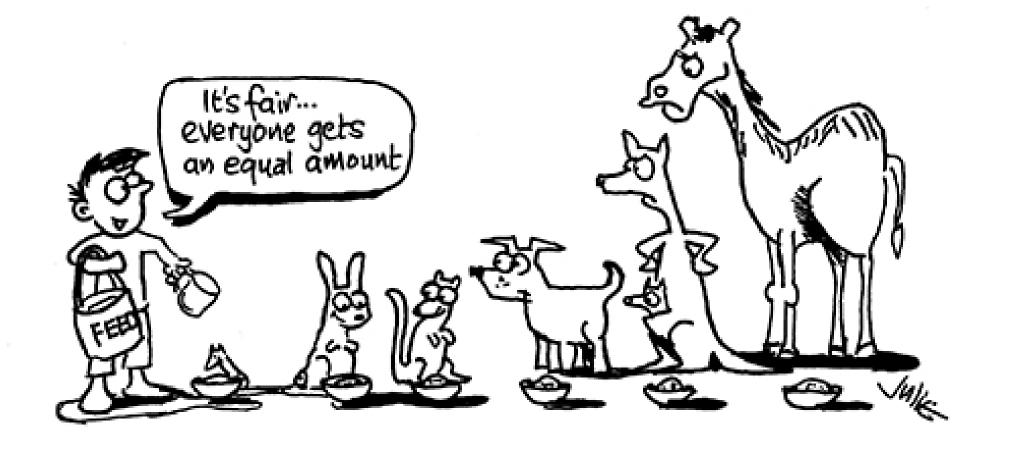- Daily Testing (24/7 program)
- Drug Testing

Success!

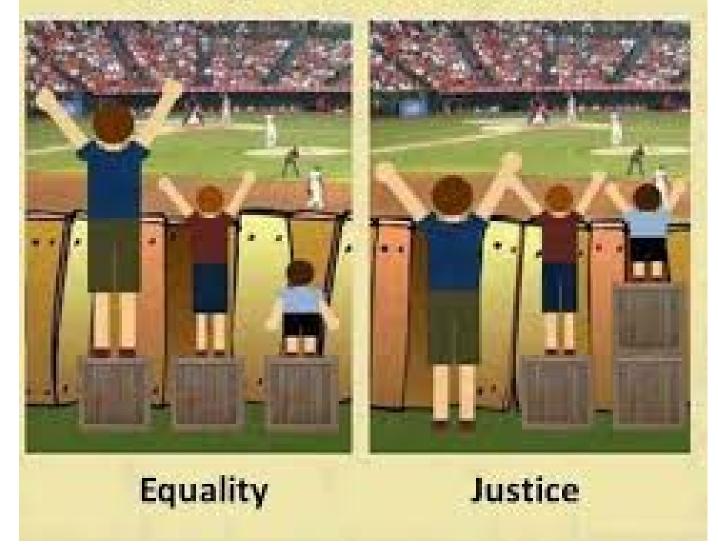DUI filings in San Joaquin went from 3,300 in 2009 to 989 in 2019

Track 2 (monitoring track) has 70% of program participants with 29% of the costs

Better Justice Response
Better Outcomes

Fair doesn't mean Equal

Equality doesn't mean Justice

Equality   Justice

For more information, resources and training contact:

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NDCI:
Carolyn Hardin
chardin@nadcp.org

AFTER

Stronger team

Energized to continue
striving toward
providing services that
match participant needs