

# Positive Behavior

## Incentive Matrix: “What do we want the participant to learn from this?”

### Step 1. Identify the Behavior

Proximal (Expect Sooner)	Moderate	Distal (Expect Later)
<ul style="list-style-type: none"> <li>Attendance at treatment</li> <li>Attendance at other appointments</li> <li>Home for home visits</li> <li>Report to UA</li> <li>Timeliness</li> <li>Payment</li> </ul>	<ul style="list-style-type: none"> <li>Honesty</li> <li>Testing Negative</li> <li>Participating in Prosocial Activities</li> <li>Employment</li> <li>Progress toward Tx Goals</li> <li>Progress in Tx</li> </ul>	<ul style="list-style-type: none"> <li>Complete Tx LOC</li> <li>Extended Abstinence/Neg. Tests</li> <li>Treatment Goals Completed</li> <li>Phase Goals Completed</li> <li>Program Goals Completed</li> </ul>

### Step 2. Determine the Response Level

		Proximal (Expect Sooner)	Moderate	Distal (Expect later)
Distal ↓ Prox	Phase 1	Small	Medium	Large
	Phase 2	Small	Medium	Large
	Phase 3		Small	Large
	Phase 4		Small	Large
	Phase 5		Small	Medium

### Step 3. Choose the Responses (Paired with Judicial Approval/Verbal Praise)

#### 3a. Therapeutic/Teaching Response

	Phase 1	Phase 2	Phase 3	Phases 4 and 5
Single Event	<ul style="list-style-type: none"> <li>Behavior Chain</li> <li>Cost/Benefit Analysis</li> </ul>	<ul style="list-style-type: none"> <li>Behavior Chain</li> <li>Cost/Benefit Analysis</li> </ul>	<ul style="list-style-type: none"> <li>Behavior Chain</li> </ul>	<ul style="list-style-type: none"> <li>Behavior Chain</li> </ul>
Continued Progress		<ul style="list-style-type: none"> <li>Discuss Change in LOC</li> </ul>	<ul style="list-style-type: none"> <li>Aftercare Fqcy</li> <li>Discuss Re-evaluating MAT/Medications</li> </ul>	<ul style="list-style-type: none"> <li>Aftercare Fqcy</li> <li>Discuss Re-evaluating MAT/Medications</li> </ul>

#### 3b. Supervision Responses

Phase 1	Phase 2	Phase 3	Phases 4 and 5
<ul style="list-style-type: none"> <li>Change in Curfew Status</li> </ul>	<ul style="list-style-type: none"> <li>Reduced Contacts</li> <li>Reduction in Home Visits</li> </ul>	<ul style="list-style-type: none"> <li>Reduced Contacts</li> <li>Reduce Home Visits</li> <li>Reduce in External Monitoring Devices</li> </ul>	<ul style="list-style-type: none"> <li>Reduced Contacts</li> <li>Decreased Drug Testing</li> </ul>

#### 3c. Incentive Response

Small	Medium	Large
<ul style="list-style-type: none"> <li>Judicial approval (always)</li> <li>Fish Bowl</li> <li>Decision Dollars</li> <li>Example for other participants in court</li> <li>Handshake</li> <li>Candy</li> <li>On the A Team</li> </ul>	<p><b>Any small and/or:</b></p> <ul style="list-style-type: none"> <li>Choice of Gift Certificate</li> <li>Supervisor Praise</li> <li>Written Praise</li> <li>Positive Peer Board</li> <li>Certificate</li> <li>Reduction in CS hours</li> <li>Reduction in program fees</li> </ul>	<p><b>Any small, medium or:</b></p> <ul style="list-style-type: none"> <li>Framed Certificate</li> <li>Travel Pass</li> <li>Larger Gift Certificate</li> <li>Position as Mentor to New Participants</li> </ul>

# Inappropriate Behavior

## Sanction Matrix: “What do we want the participant to learn from this?”

### Step 1. Identify the Behavior

Low (Less Immediate)	Moderate	High (More Immediate)	Very High
<ul style="list-style-type: none"> <li>Late for Scheduled Event</li> <li>Missed payment</li> </ul>	<ul style="list-style-type: none"> <li>Missed UA</li> <li>Failure to Complete Assignments</li> </ul>	<ul style="list-style-type: none"> <li>Unexcused Absence tx</li> <li>Alcohol Use</li> <li>Drug Use</li> <li>Tamper with UA or device/dilute</li> <li>Dishonesty</li> </ul>	<ul style="list-style-type: none"> <li>Criminal behavior (new crimes, drinking and driving)</li> <li>Arrest</li> </ul>

### Step 2. Determine the Response Level

		Low	Moderate	High	Very High
Distal ↓ Prox	Phase 1	Level 1	Level 2	Level 2	Level 4
	Phase 2	Level 1	Level 2	Level 3	Level 4
	Phase 3	Level 2	Level 3	Level 4	Level 5
	Phase 4	Level 3	Level 4	Level 5	Level 5
	Phase 5	Level 3	Level 4	Level 5	Level 5

### Step 3. Choose the Responses (paired with Judicial Verbal Disapproval and Explanation)

#### 3a. Therapeutic/Teaching Responses

Level 1	Level 2	Level 3	Level 4	Level 5
<ul style="list-style-type: none"> <li>Behavior Chain</li> <li>Cost/Benefit Analysis</li> <li>Skill Development</li> <li>Homework/Practice</li> <li>Homework chats</li> </ul>	<b>Level 1 plus:</b> <ul style="list-style-type: none"> <li>Discuss LOC Review</li> <li>Thinking Report</li> <li>Doing things for others (homeless kits, letters to nursing home)</li> </ul>	<b>Level 1, 2, plus:</b> <ul style="list-style-type: none"> <li>Discuss Referral Medication Eval</li> <li>Treatment Team Review/Round Table</li> </ul>	<b>Level 1, 2, 3, plus:</b> <ul style="list-style-type: none"> <li>Discuss Re-Assessment</li> </ul>	

#### 3b. Supervision Responses

Level 1	Level 2	Level 3	Level 4	Level 5
<ul style="list-style-type: none"> <li>≤ 1 additional report days/week</li> <li>Homework chats</li> </ul>	<ul style="list-style-type: none"> <li>≤ 2 additional report days/week</li> <li>Home Visit</li> <li>Curfew</li> <li>(FTC) Increased supervision at child visits</li> </ul>	<ul style="list-style-type: none"> <li>≤ 3 additional report days/week</li> <li>Continuous Testing</li> <li>GPS/Electronic Monitoring</li> <li>Home Visit</li> <li>Increase frequency UA Test</li> <li>Additional Court Report</li> <li>Case Conference</li> </ul>	<ul style="list-style-type: none"> <li>≤ 4 additional report days/week</li> <li>Electronic Monitor Device</li> <li>Case Conference</li> <li>Curfew</li> </ul>	

#### 3c. Sanction/Punishment Responses (Judicial Disapproval)

	Level 1	Level 2	Level 3	Level 4	Level 5
Community Service	≤ 4 hrs	≤ 8 hrs	≤ 16 hrs	≤ 24 hrs	≤ 32 hrs
Curfew	≤ 3 days	≤ 5 days	≤ 7 days	≤ 10 days	≤ 14 days
House Arrest	≤ 24 hrs	≤ 72 hrs	≤ 5 days	≤ 7 days	≤ 14 days
Jail			≤ 24 hours	≤ 3 days	≤ 5 days
Other				Review Placement	Termination