

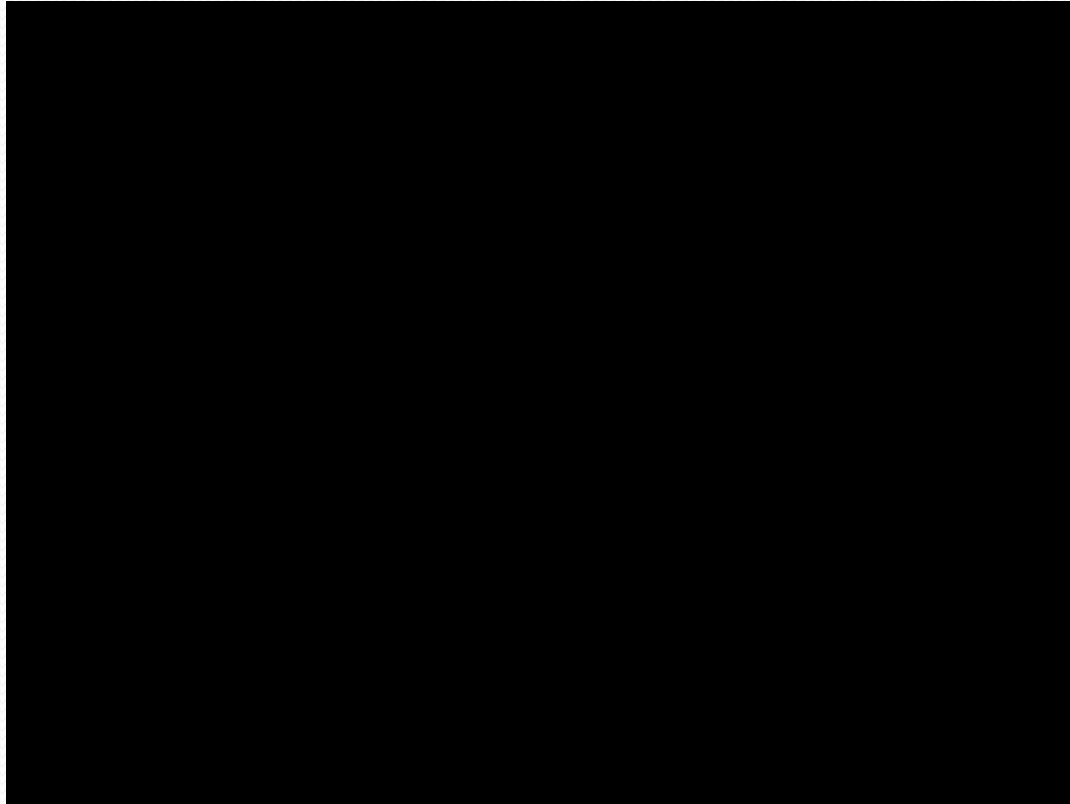
# Clinical Approaches to Working with Veterans in Accountability Programs

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# Reality for some



# Clinical Consideration/Video



# Military Culture

- We must be aware of MILITARY CULTURE.

“... incorporates unity, a sense of purpose and direction, and values...”

“it is a dysfunctional family at times, but one that drives service members to complete tasks for a common mission.”

(Rally Point, 2017).

# Common Goals in MC

- Work together to benefit the team
- Gun rights/ownership
- Example: U.S. Army learn the Soldier's Creed and the 7 Army values: Leadership, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage (LDRSHIP)
- Language and culture based on branch
- “leave no one behind”

# Military Culture



# Veteran Court or Veterans in Existing Courts?

- NADCP for additional help/specialized tracks/trainings
- Who do you accept? Any branch of service, any discharge acceptable? Reserves? Any diagnoses okay or are certain ones required- PTSD and Sud?

# Working with Veterans

- Most Veterans Courts have...
- Look at NADCP's Ten Guiding Principles
  - 1. Target the Population
  - 2. Provide a Clinical Assessment
  - 3. Develop the Treatment Model



# Assessment

- Risk and Needs Assessment (LSI, LS-CMI, DUI Rant, ANSA)
- Look at ASAM Criteria
- Look at Biopsychosocial and Cultural factors
- SAMHSA for screening tools and treatment options
- Treatment matching to needs, risks, and strengths

# Special Considerations

- TRAUMA
- CULTURE
- SUD
- Based on NEED: Employment or skills based training, GED/Education, Criminogenic Needs, Criminal Thinking, Community Support, Family/Couple/Individual Counseling, MH Needs, Medical Needs, Availability of Resources (VA?), Reintegration into civilian life

# Special Considerations



# RNR

- Risk Needs Responsivity Principle: amount and type of intervention is matched to a clients criminogenic needs.
- Criminogenic Needs: See Central 8, address these needs to reduce likelihood of criminal behavior.

# Central 8 Factors

- Criminal History
- Antisocial Personality
- Pro-criminal Attitudes
- Pro-criminal Associates
- Family/Marital
- Education/Employment
- Leisure/Recreation
- Substance Use d/o

# Address Needs and Strengths with Treatment

- TREM (Trauma Recovery & Empowerment Model)
- Seeking Safety
- ATRIUM (Addictions & Trauma Recovery)
- Triad
- Helping Women Recover
- Look at other Evidence-based options: SAMHSA
- Trauma training: separate for M and F
- Be a Trauma Informed Court



# Tx May Include (but not limited to)

- CBT, MI, all of the CBT varieties
- Group and Individual Therapy
- Exposure Therapy/EMDR
- Addressing Integration into or away from Family, Family tx
- Families: see Sesame Street in Communities
- Medications for MH
- MAT



# Treatment should include:

- Individualization: Treatment matching for the client's risks, needs, strengths, AND what works for the client.
- Multidimensional
- Treatment plans should be assessed and reassessed and adjusted often

# Community Support/Resources

- 12 Step or Community Support Meetings (trauma/sud)
- On line support and connection to resources
- VA Services
- Music/Art as a hobby and therapy
- Narrative Therapy
- Community Connections- Veteran Mentors (check out Justice For Vets.org)
- Exercise/hobbies/yoga



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