

Criteria for Phase Change (Competency Checklist)

Phase I to II (2 months)

Phase 1 is considered a Transition Phase. This phase should help transition participants into a daily routine with main focus being directed by areas of need based on Risk/Needs assessment and Bio-Psychosocial analysis prior to their entry in the accountability court.

- Meet with case manager weekly to discuss case manager plan and identify needs for participant success. (case manager) _____
- Complete a psychiatric evaluation and physical _____
- Obtain ID _____
- Complete a resume _____
- Attend Addiction Education/Health Class/Job Training Skills weekly _____
- Meet with Treatment Provider/Counselor weekly _____
- Attend all scheduled appointments (missing appointments will delay your phase up date) _____
- Organize a weekly calendar and show case manager weekly _____
- Attend 1 self-help/mutual-help/or 12-step meeting weekly _____
- Attend Prime for Life weekly _____
- No curfew violations _____
- Complete all homework/counselor/case manager assignments _____
- Must remain sober for 30 days prior to phasing up _____
- Phase change transitions can be delayed if participant is sanctioned during this phase. This includes missing scheduled appointments with case manager/treatment provider and counseling groups. _____

Criteria for Phase Change

Phase II to III (4 months-Stabilization Stage)

Treatment Hours 10-12 weekly

- Meet with case manager weekly _____
- Attend 3 self-help/mutual-help/12-step meetings _____
- Meet with Treatment Provider/Counselor weekly _____
- Attend and participate in the following groups _____
 - CBI/T4C 2x a week
 - Prime for Life 1x a week
 - Trauma Group (only participants that have a need based on assessment/treatment recommendation) 1x a week
 - Family Education/Parenting/Job Skills Class (all would benefit from job skills and family education. All clients that have kids would benefit from parenting class) Local health departments, community services boards and goodwill/literacy groups in your community will offer for free on a case by case basis. 1x a week
- Complete all homework/practice work assignments from counselor/case manager _____
- Apply for 3 Jobs weekly and provide proof to case manager until part-time employment is obtained _____
- Up to date with court fees _____
- Complete phase-up project/requirement _____
- No curfew violations _____
- Must be sober/drug free for 60 days _____
- Phase change transitions can be delayed if participant is sanctioned during this phase. This includes missing scheduled appointments with case manager/treatment provider and counseling groups. _____

Criteria for Phase Change

Phase III to IV (5 months)

8-10 Treatment Hours Weekly

- Up to date with court fees _____
- Employed at least part-time (20 hours or more weekly) _____
- Attend 3 self-help/mutual-help/12-step meetings weekly _____
- Highly suggest participant obtain a sponsor with weekly communication _____ (this should not be verified, discussed or checked by court)
- Attend 3 verifiable sober social events _____
- Attend individual counseling session's bi-weekly _____
- Meet with case manager bi-weekly or once a month (should be determined by needs of the participant) _____
- Attend and participate in all scheduled groups _____
 - CBI/T4C 2x a week
 - MRT 2x a week
 - Trauma Group/Literacy Class/etc. 1x a week (those assessed with need)
- Complete all homework/practice work assignments _____
- Must be pass Step 5 in MRT _____
- Complete a monthly budget with case manager _____
- Complete phase-up project _____
- Must be clean and sober for 90 days prior to phasing up _____
- Phase change can be delayed if participant is sanctioned during this phase. This includes missing scheduled appointments with case manager/treatment provider and counseling groups. _____

Criteria for Phase Change

Phase IV to V (5 months)

4-6 Treatment Hours weekly

- Up to date with court fees _____
- Employed 25 hours or more weekly _____
- Attend 3 self-help/mutual-help/12-step meetings weekly _____
- Highly suggest participant maintain contact with sponsor weekly (this should not be verified, discussed or checked by court) _____
- Attend 3 verifiable sober social events _____
- Meet with case manager a minimum of 1x a month _____
- Attend individual counseling a minimum of 1x a month _____
- Attend and participate in all scheduled groups _____
 - CBI/T4C 1x a week
 - MRT 1x a week
 - Family Therapy/HIV Education, Anger Management, etc. (only those who score out for anger management should attend class) 1x a month
- CBI/T4C should be completed during this phase prior to moving to next phase _____
- Must be Pass Step 10 in MRT _____
- Complete phase-up project (share your story with Phase 1 participants in group-please coordinate times and dates with treatment provider) _____
- No positive drug tests for 120 days prior to phasing up _____
- Phase change transitions can be delayed if participant is sanctioned during this phase. This includes missing scheduled appointments with case manager/treatment provider and counseling groups. _____

Criteria for Phase Change

Phase V to Graduation (4 months-Aftercare)

2-3 Treatment Hours Weekly

- Up to date with court fees _____
- Working 30-40 hours weekly _____
- Meet with case manager 1x a month _____
- Attend individual counseling a minimum of 1x a month _____
- Attend 3 self-help/mutual-help/12-step meetings weekly

- Highly suggest participant maintain contact with sponsor weekly (this should not be verified, discussed or checked by court) _____
- Attend 3 verifiable sober social events _____
- Attend all scheduled groups (all groups should be completed two weeks prior to accountability court completion date) _____
 - MRT 1x a week (most participants will be completed at this stage)
 - Prime Solutions 1x a week
- Complete service work project (This project is positive and involves giving back to your community or others in recovery and should be completed 1 month prior to graduation. It should also be approved by case manager beforehand) _____
- Meet with counselor/case manager two weeks prior to graduation to discuss if program criteria have been met. (***This is your responsibility***)

- No positive drug test for 120 days and sanction free for 120 days

- Phase change transitions can be delayed if participant is sanctioned during this phase. This includes missing scheduled appointments with case manager/treatment provider and counseling groups.
