

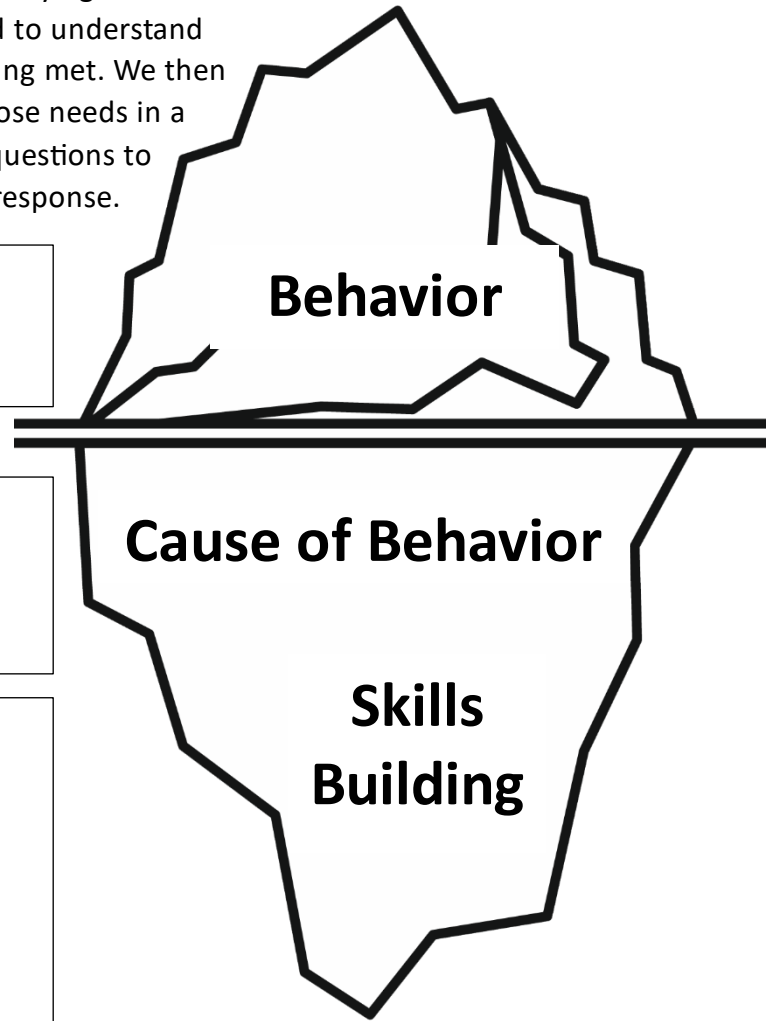
# What's Behind the Behavior?

This exercise helps the team explore to look at the underlying causes of behavior. To truly help make lasting changes, we need to understand why the behavior is happening and what needs are being met. We then look at skills building to help the participant meet those needs in a recovery focused way for the future. Use the critical questions to explore the client needs and help shape the judicial response.

**Behavior**

**Cause of Behavior/Participant Perspective**

**What Needs Should Be Addressed?  
Skills Building**



## Critical Questions

- What needs is the participant trying to meet?
- Is this a new issue or is the participant currently working on the need?
- What tools would be beneficial to address the need to change future incidents?
- When will the participant practice the new skills?
- What is the participant's plan to remedy the issue?

## Judicial Delivery

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