



NDCI
NATIONAL DRUG
COURT INSTITUTE

TRAUMA INFORMED POLICING

*Law Enforcement
Sworn Peace Officers
Assigned to a patrol district
or specialized investigation
division*

LEARNING OBJECTIVES

- define trauma and traumatization, secondary traumatic stress, compassion fatigue, burnout, resilience, and vicarious resilience;
- discuss how working with a traumatized population affects law enforcement staff;
- identify particular strategies that enhance both personal and professional resilience.



LAW ENFORCEMENT ROLE



A drug court law enforcement officer actively monitors drug court participants outside of the drug court setting including conducting home and job visits. All client contact is documented and visits logged to help encourage positive participant behavior.

LAW ENFORCEMENT



8 CORE COMPETENCIES RELATED TO LAW ENFORCEMENTS ROLE IN A TREATMENT COURT SETTING



LAW ENFORCEMENT CORE COMPETENCIES



COMPETENCY 5: Is knowledgeable about addiction, alcoholism, and pharmacology generally and applies that knowledge to respond to compliance in a therapeutically appropriate manner.

PLANNING PROCESS

- Participates in regular cross training.
- Attends training and develop knowledge in the area of addiction, alcoholism, and pharmacology.
- Attends training on Motivational Interviewing and States of Change.
- Attend training on what is relapse and how to identify relapse triggers.

LAW ENFORCEMENT CORE COMPETENCIES



OPERATIONAL DRUG COURT

- Continues to participate in on-going cross training to remain knowledgeable about addiction, alcoholism, and pharmacology.
- Utilize motivational interviewing techniques when interacting with the target population.
- Note relapse triggers and behaviors in the target population and report in a timely manner to the team.

TRAUMA



Physical and emotional harm that impacts:

- Mental Well-being..thinking/processing
- Physical Well-being..healthy choices
- Social Well-being..positive engagement
- Emotional Well-being..interpersonal/external
- Spiritual Well-being...connected to something



TRAUMA INFORMED PRACTICES

A trauma informed practice is defined as an **organizational structure and treatment framework** that involves **understanding, recognizing, and responding** to the effects of all types of trauma.

Trauma Informed Practice also emphasizes **physical, psychological and emotional safety** for both **patients and providers**, and helps survivors rebuild a sense of control and empowerment



CRISIS INTERVENTION TEAMS

Lieutenant Courtney Ballantine

Officer Bennie Evans



WHAT IS CRISIS INTERVENTION TRAINING?

- A pre-booking jail diversion program for persons in a crisis
- A process for addressing system change for crisis care within the community
- About responsibility to the community, consumers and their family members
- More than a training program for public safety, C.I.T. is a mindset

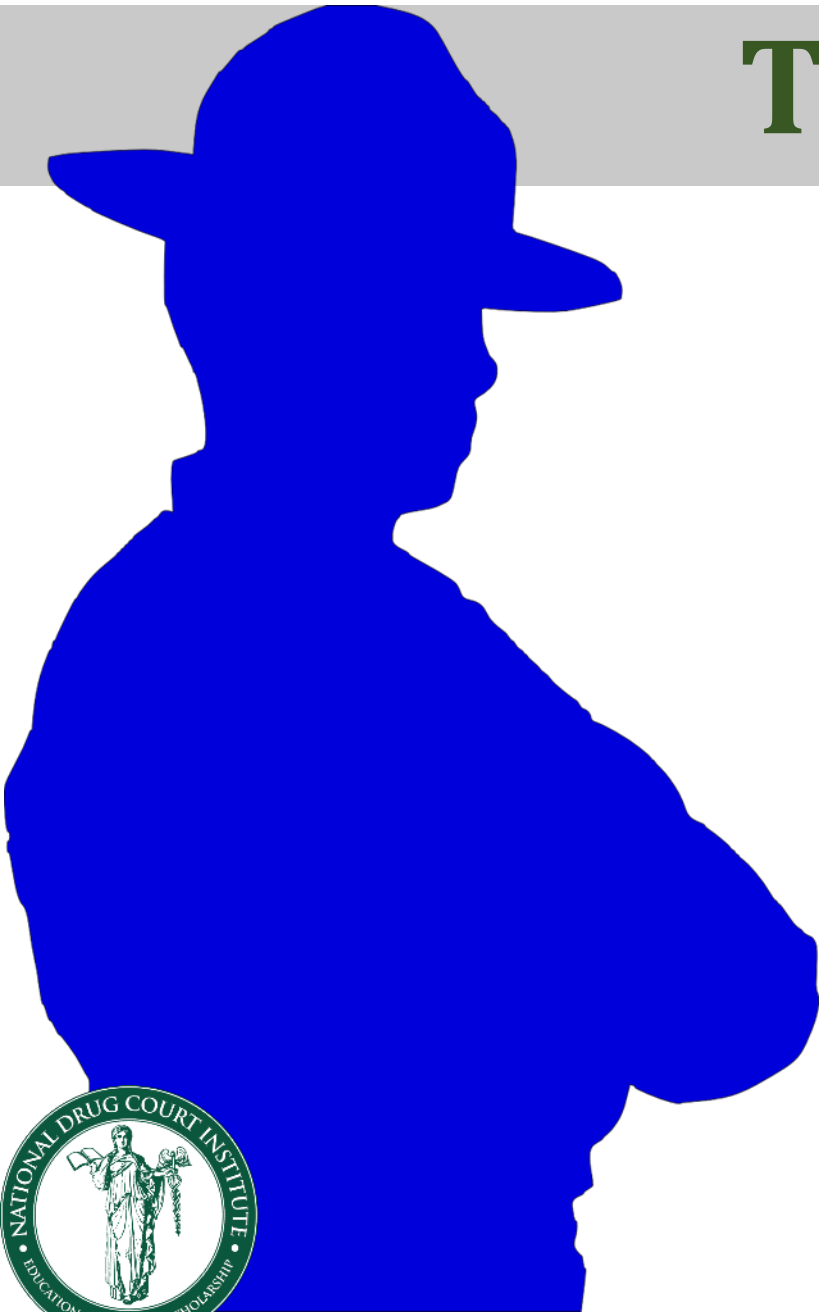


CRISIS INTERVENTION TEAM TRAINING

C.I.T. Will:

- Allow people in crisis to receive necessary treatment to become stabilized and work toward recovery
- Significantly reduce public safety and civilian injuries
- Reduce the time that police and EMS spend on calls for service keeping people out of the courts and jails
- It will keep people from getting deeper into the legal system

TRAUMATIC EVENTS



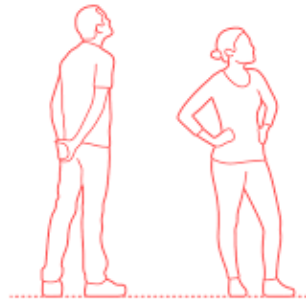
EVENTS

Human

Homicide
Sexual Assault
Assault/attack
War

Natural

Hurricane
Earthquake
Flood
Fire



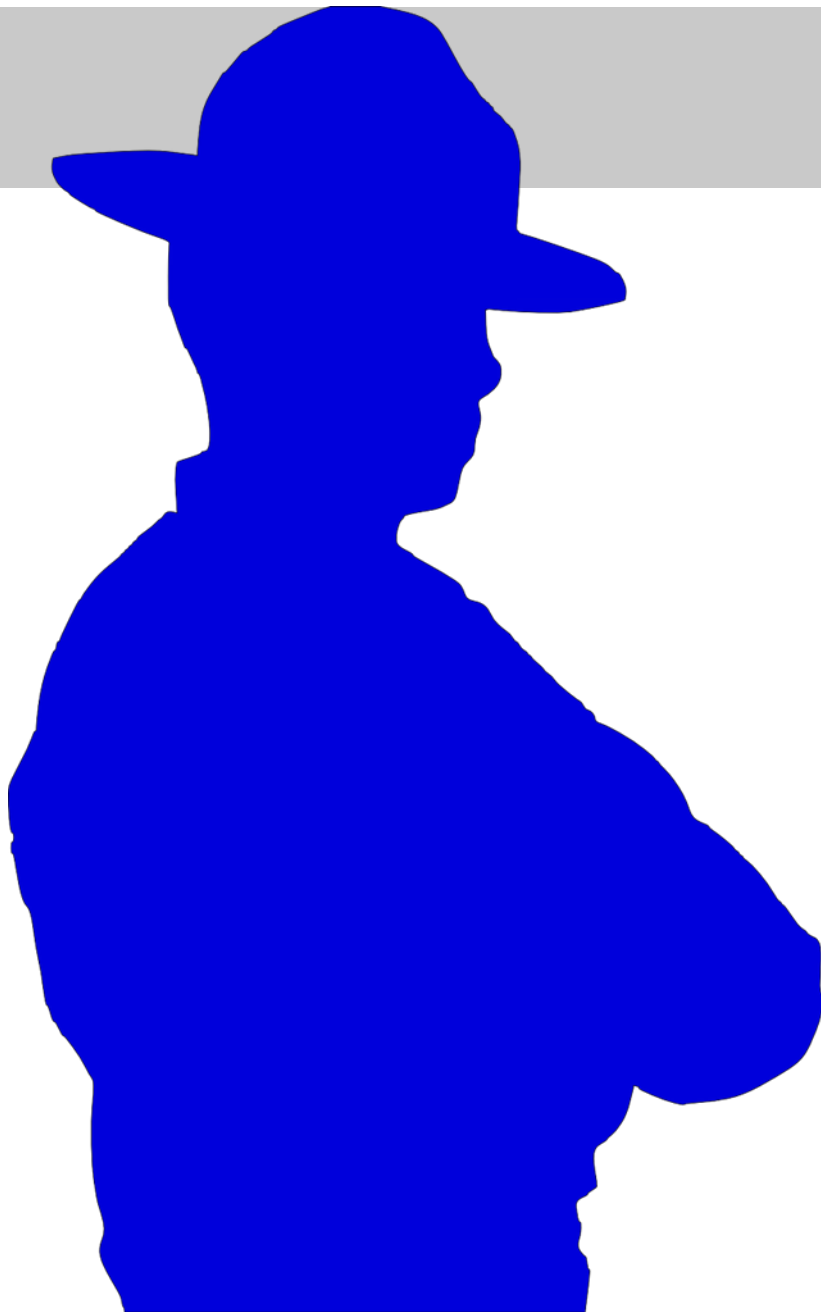
On the Job

Fight or physical
attack
Threat of
physical harm
Accident



Work-Related Trauma Exposure: How Does it Affect Us?

- Vicarious Trauma
- Empathic Strain
- Compassion Fatigue
- PTSD
- Secondary Traumatic Stress
- Critical Incident Stress
- Indirect Trauma
- Burnout



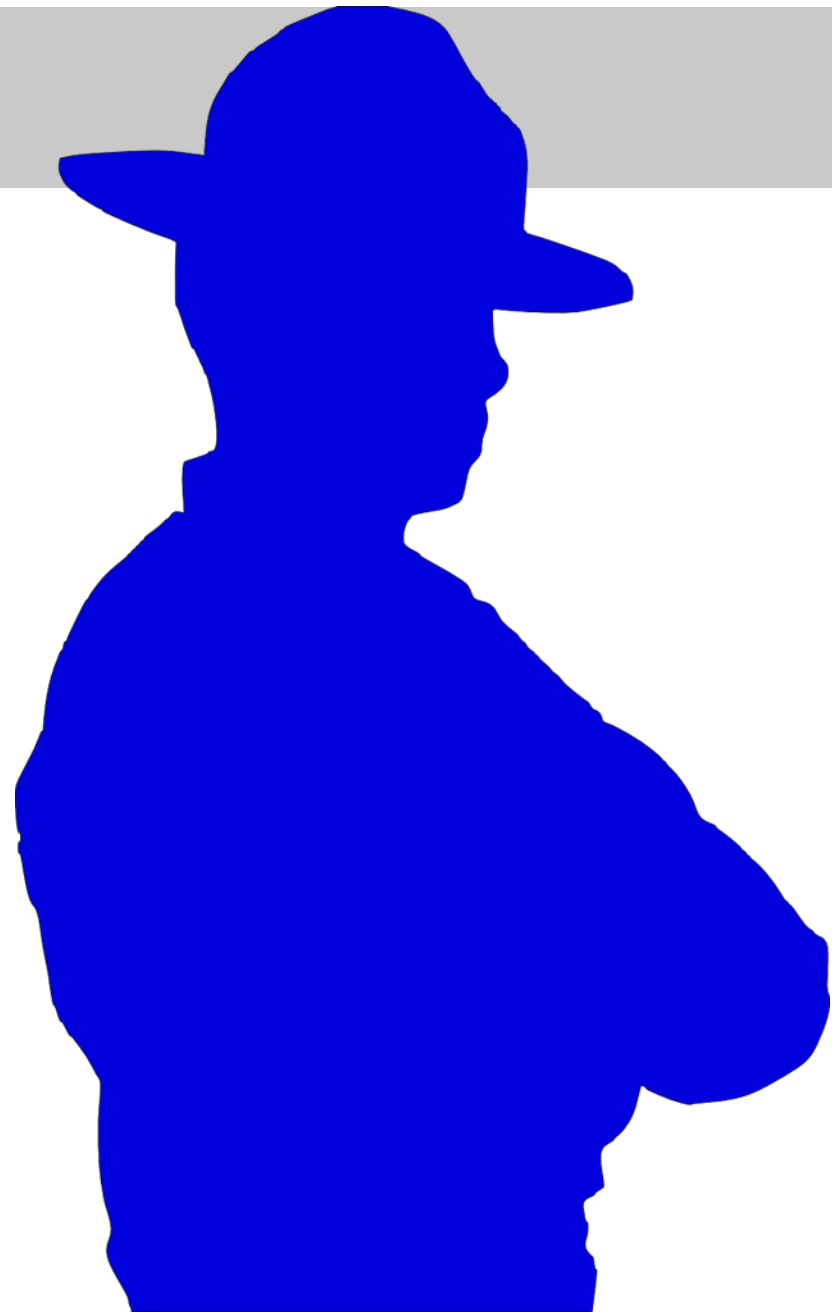
Other Types of Trauma



- *Group Trauma*
 - Military, first-responders (police, firefighters, emergency personnel, etc.), gang members
- *Historical Trauma*
 - Japanese internment camps, First People's genocide, African American slavery
- *Mass Trauma*
 - Hurricane Katrina, Flint water supply, Porter Ranch Aliso Canyon, Refugees, War survivors
- *Interpersonal Trauma*
 - Intimate partner violence, child molest and abuse
- *Systems Induced Trauma*
 - Usually involves re-victimization

10-8 METRO

It's the shift in how we view the world, view others, and sense danger around us...



24-hour “News” Cycle,
+ constant social media, = overload,
“burnout”, fear, anxiety, increased stress

[Heroin suspected in 20 Milwaukee deaths in 2 weeks](#)

**Heroin Kills 23 Year-Old Man in Yates County -
Second Overdose in Four Days**



Heroin overdoses are becoming all too common.
USA TODAY NETWORK [Ashley May](#), USA TODAY

Acknowledging the Positive:

Compassion Satisfaction

Vicarious Transformation



Work Related Trauma Exposure

Change in World View

Spectrum of Responses

Negative

- Vicarious Traumatization
- Secondary Traumatic Stress
- Compassion Fatigue

Neutral

- Impact Managed Effectively

Positive

- Vicarious Resilience
- Vicarious Transformation
- Compassion Satisfaction

Contemplating the Effects

Personal Effects

- Physical
- Behavioral
- Emotional
- Spiritual
- Cognitive
- Relational

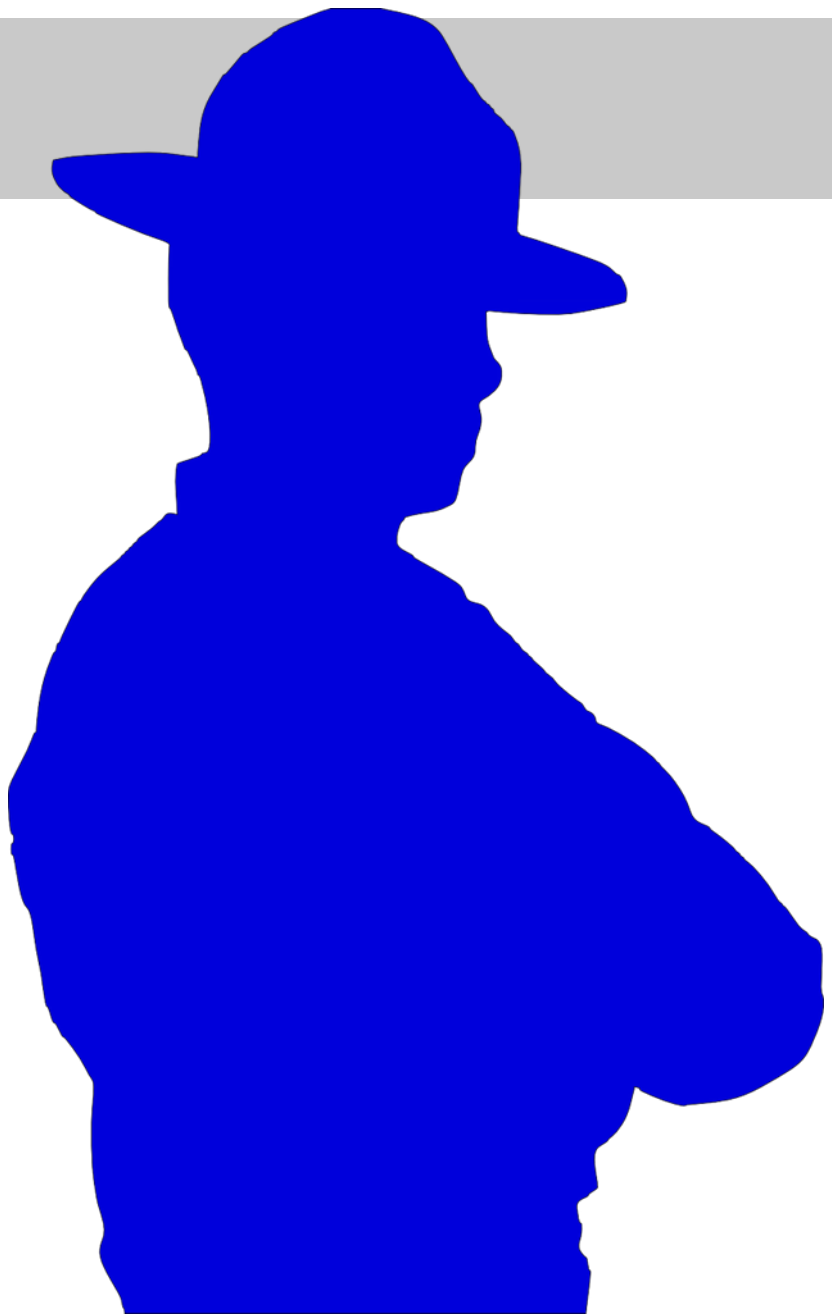


Professional Effects

- Performance
- Morale
- Relational
- Behavioral

Efforts to Manage

Alcohol and Other Drug Use



Self-Care Isn't Everything...



Vicarious trauma is an occupational challenge for those working with trauma survivors

Organizations have an ethical mandate of a “**duty to train,**” wherein workers are taught about the potential negative effects of the work and how to cope.

(Munroe, J. F., in Figley, Compassion Fatigue, 1995)



“The expectation that we can be immersed in suffering and loss daily and not be touched by it is as unrealistic as expecting to be able to walk through water without getting wet.”

(Remen, 2006)

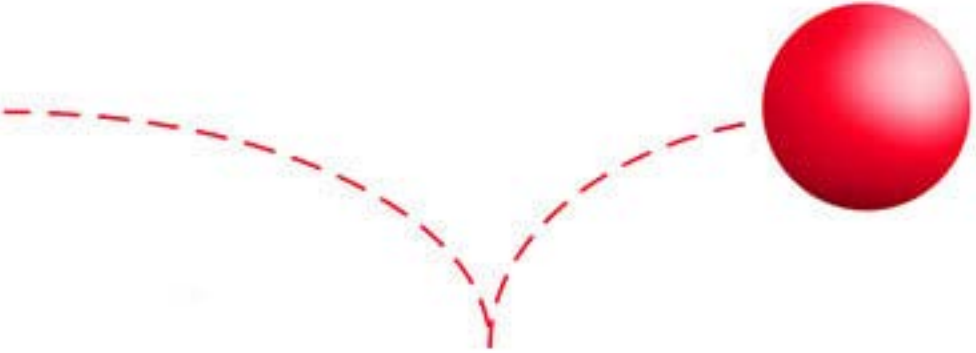


“First responders bear witness to damaging and cruel treatment experienced by others, shattering any assumptions of invulnerability.”

(Janoff-Bulman, 1992)



Resilience



Resilience is the process of **adapting** well in the face of adversity, trauma, tragedy, threats, or even significant sources of stress, such as family and relationship problems, serious health problems, or workplace and financial stressors.

It means “bouncing back” from difficult experiences.

(American Psychological Association)



LAW ENFORCEMENT



WE HAVE TO CREATE AN ENVIRONMENT WHICH HELPS
PEOPLE TO FEEL SAFE.

WITH SAFETY COMES THE ABILITY TO TRUST.
WITH TRUST COMES THE OPPORTUNITY TO SHARE AND HEAL.





**OUR FIRST ROLE IS
PUBLIC SAFETY**



LAW ENFORCEMENT TRAINING







Briefings: Curriculum designed to address the internal and external approach to public safety through law enforcement's role in treatment courts.

Target Audience: sworn police officers, deputy sheriff's, highway patrol officers, tribal officers whose primary job function is prevention, detection, or investigation of any violation of criminal law; authorized to carry firearms and to make arrest for violations of the law.

CONTENT



- ✓ STANDARD OPERATING PROCEDURES
- ✓ CONNECTING THE DOTS – PPT
- ✓ CIT AS AN ENGAGEMENT TOOL
- ✓ CROSS SYSTEMS COLLABORATIONS
- ✓ PARTICIPANT INTERACTIONS
- ✓ SECONDARY TRAUMA
- ✓ DATA DRIVEN POLICING
- ✓ UNDERSTANDING THE TREATMENT COURT MODEL
- ✓ WORKING WITH TARGET POPULATIONS
- ✓ POLICE CULTURE
- ✓ EQUITY AND INCLUSION
- ✓ SUBSTANCE USE DISORDER AND MENTAL ILLNESS
- ✓ PARTICIPANT ACCOUNTABILITY



VANESSA PRICE
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ACCEPTING TRAINING
APPLICATIONS
FOR
2019-2020